

FREE

YOUR BOURNEFESTIVE  
GUIDE INSIDE!

Your guide to shopping and  
entertainment this Christmas.

11/21

Issue 017  
November 2021



# Bournefree



Exciting news about our new, iconic store. Page 2

## ARTISTS OPEN HOUSES

Page 50

EASTBOURNE ARTISTS

CHRISTMAS ❄️

OPEN HOUSES  
& STUDIOS

DECEMBER 4/5TH AND 11/12TH



Can you donate time or money to Warming Up The Homeless

Did you know...?

- A £2 donation can provide 1 person with a hot meal at our weekly outreach and a breakfast pack
- Volunteers have provided over 120,000 hours to the charity, which is a value of over £1,046,000 based on current National Living

Eastbourne's Lightning Fibre  
**ICE RINK**



1st Dec 2021 - 5th Jan 2022  
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Exciting  
news about  
our new,  
iconic store

# *It's* TIME *for a change*

**H**ere at W.Bruford we are very proud of the history of our business in the town and now we have some real historic news for 2022 ... after over 40 years in our distinctive Cornfield Road premises it's time for a move ... ***but don't worry, we're not going that far!***



*Terminus Road was our home from 1886 including this 'modern' rebuilt store from 1957 to 1981*



*Our distinctive Cornfield Road home from 1981 to 2021*

We will be vacating our wonderfully distinctive premises in 2022 after a long and varied career here... *it's been a wonderful story and we are looking forward to all the new chapters in our new home!*



*A famous name opened here in 1914 and it will be our new jewellery store in 2022!*



We have been very fortunate to secure the freehold of number 10 Cornfield Road, which is right opposite! This iconic building has been a landmark building in Eastbourne for nearly 100 years and will become the luxury home of our stunning new and pre-owned diamond ring and jewellery collections.



*An artist's impression of our new store*

With the many changes in retail recently it is important that we, as a business, stay relevant and try to offer a truly 'immersive' experience that is so vitally important in this digital age. Our new Bridal room and Champagne bar will give the new store a real 'wow' factor, allowing us to provide a relaxed and enjoyable experience whilst selecting one of the most important purchases in life.





# HPC Classics & JAGtechnic

## A real business success story in the heart of Eastbourne!

**TWO friends who first met at mountain biking 20 years ago have started and are now rapidly developing a successful classic car dealership in Eastbourne.**

By **Peter Lindsey**

**Miles Hardy, 34, and Chris Phillips-Lowe, 33, set up HPC Classics on the White Knight Industrial Park, Hammonds Drive, Eastbourne 18 months ago, along with their business partner Francois Calvino.**

They started with one small unit but have already expanded by taking over two further units on the same estate.

The future is looking very bright for *HPC Classics*, which specialises in high end prestige, classic and supercars.

It focuses on brands including *Jaguar*, *TVR*, *Aston Martin*, *Alfa Romeo*, *Alpina*, *Fiat*, *BMW* and many more.

### Electric classics

They also build amazing vehicles from scratch, and soon will be offering classic electric vehicles as well, using the latest technology and will soon have their first mini available to buy.

Miles said: "It all started when Francois decided he wanted to buy a very special classic Lancia.

"He asked Chris, who was already working in the business of classic cars, for some advice. Chris immediately said to him that he'd need to speak with Miles, who knew the market, from one brief meeting a plan was formed...

"Francois suggested we put together a business plan and before we knew it, we had an empty unit on the industrial estate.

"We made it very professional and clean in very quick time and customers were blown away with it. Word quickly spread."

### Rapid expansion

Six months later, needing more space and the trio bought out *JAGtechnic* as a going concern, it had two units opposite. They chose to keep all of the staff and equipment, using Jaguar's dealer level software & tooling. They also use only genuine Jaguar parts.

Miles said: "We have invested heavily in what has become three units. We've bought more equipment and we feel we treat our staff very well, and they have all responded positively.

"At the centre of everything we do is our first-class customer service.

We welcome people to pop in, have a coffee and a chat to see for themselves we offer.

"Key to our success is the experience of everyone working for *HPC Classics*. We share many, many years of vast experience in the business, and we are all passionate petrolheads, that's also been a major part of why we are so successful.

"We can do what other garages can't, and we like to think that we have taken what we offer to the next level. Most people's jaw's drop when they visit the showroom.

"If someone walks in and wants a specific car, then we can source one. It's all about the customer and the smile we can put on their face!

"We have a very much open-door policy. We organise events for local enthusiasts and quite often they go out for a drive in what becomes their dream car.



### Enthusiasts

"Everyone who works for us is a classic car enthusiast, and that is really important to the service and customer care we deliver."

We work closely with the *East Sussex TVR Club* and the *JEC* who also hold many great events in the region.

*HPC Classics & JAGTechnic* are striving to support all car lovers, from modern performance and supercars, track and race cars all the way through to post-war classics. If you have a car needing some TLC, or fancy an upgrade, why not get in touch with them.

Tel: **+44 (0)7834 228821**  
Email: **miles@hpcclassics.co.uk**  
Web: **www.hpcclassics.co.uk**  
and **www.jagtechnic.co.uk**

**Units 6, 11 & 12, White Knight Business Park, Hammonds Drive, Eastbourne, East Sussex BN23 6FB**



For breaking news 24/7, log onto our news website at  
[www.bournefreelive.co.uk](http://www.bournefreelive.co.uk)



Peter Lindsey, Editor.

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 The Arts: Melissa Gordon

**Our next edition will be distributed from December 2nd. Make sure you are a part of it.**

**custard**  
 DESIGN MARKETING PRINT

**ignite**  
 PR & Engagement

# Glossy Christmas pullout is new exciting project for Bournefree

**WE are really pleased this month to produce an extra glossy Christmas supplement inside this edition of *Bournefree*.**

By **Peter Lindsey**

**It's another major step forward. We have been thinking of producing a glossy magazine for a while now that *ETC* is no longer with us.**

That thought and idea remains with us, so we thought we would give it a go for the Christmas period.

The response from advertisers has been incredibly positive, and it gives us the opportunity to reach out to more of them.

We are delighted that the supplement is being backed by the likes of

*Eastbourne BID, The Beacon, Lansdowne Hotel and Meads Magic* to name but a few.

We thank each of you who supports us.

The magazine continues to go well, both online and in print, and we are always looking for new outlets to stock the magazine. If that could be you, then please contact me.

Community is key to us, so this and next month we are hoping to help some worthy groups around Eastbourne with our *Spirit of Christmas Appeal*.

It's something I did many years ago when I was Editor of the *Eastbourne Herald*, and it gives businesses and individuals the opportunity to spread a little bit of magic this Christmas. Full details are inside today.

Please do your bit to help if you can. It's been a tough time and some festive cheer will go down well in the town and surrounding area.

Online and we are continuing to post between 8 to 10 stories daily at [bournefreelive.co.uk](http://bournefreelive.co.uk) so do go there regularly when you can. It's also updated at weekends.

And our *Facebook* page continues to be both informative and passionate with some great debate on both local and national issues.

We are already looking forward to 2022 and we have some great ideas.

*Bournefree* is produced by *Custard* who are based in Eastbourne.

*Custard* specialise in print, design, marketing and so much more. The *Bournefree* website and magazine is just a small part of what they do and can offer.

We are very upbeat with *Bournefree*, with Christmas and then the New Year offering so much optimism.

Let's hope there is no further Lockdown, Eastbourne can enjoy a very happy Christmas, and we can all look forward to a much better 2022.

Rest assured, *Bournefree* will play a key role in that around our community...

## Bournefree

**We want YOU to be a part of *Bournefree*, the monthly publication for Eastbourne and surrounding areas.**

**Do you want your organisation or business to be featured? Do you have an event you would like us to spread the word about?**

**Email: [pete@bournefreemag.co.uk](mailto:pete@bournefreemag.co.uk)**

**Do you want your company to stand out from the crowd? Do you want to raise awareness of your organisation?**

**Then you need to be talking to our sales manager, Gail McKay.**

**Gail is in charge of all advertising and can be contacted on 01323 430303 or by email at: [gail@bournefreemag.co.uk](mailto:gail@bournefreemag.co.uk)**

***Bournefree*: here for the people of Eastbourne and surrounding areas.**

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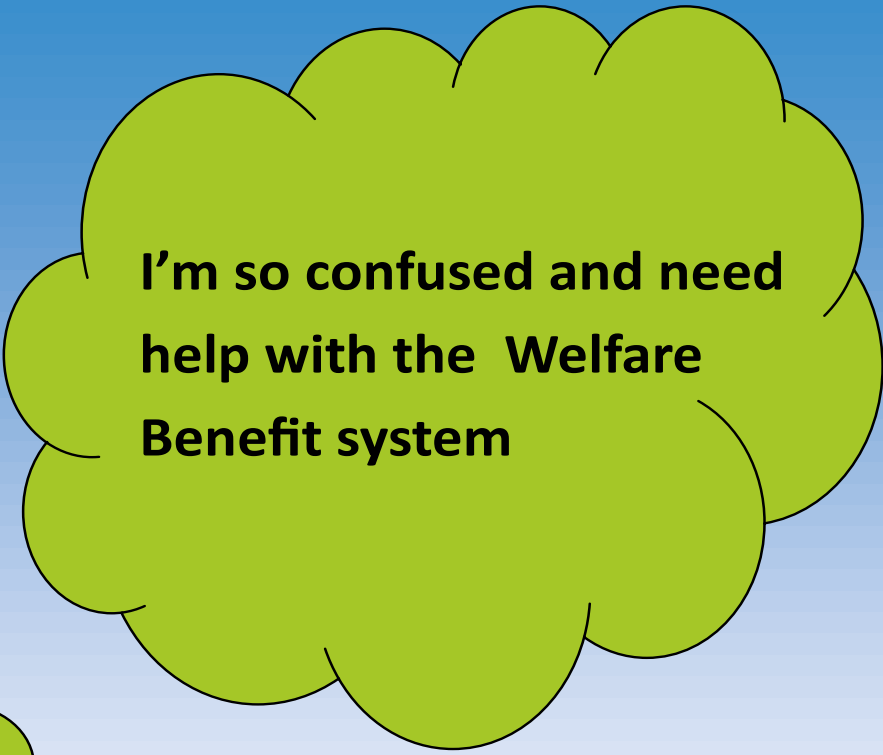
Information provided by businesses and community organisations are provided directly by their own representatives. Please direct any queries or comments regarding content directly to the organisation.

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**These debts  
just keep  
mounting up**



**I'm so confused and need  
help with the Welfare  
Benefit system**



**How am I  
going to feed  
the family ?**



**Is this  
you ?**

you?

Call in for a free coffee and have a chat with one of our experienced team who can point you in the right direction - absolutely no pressure, just clear straight forward advice to make life easier.

Available in Langney at : St Richards Church Centre, Langney Community Centre

Willingdon area : Gateway Church & Willingdon Trees Community Centre

Town centre : All Souls Church & St Saviours Church

Advice is not available at St Lukes Church or St Elisabeths Church but there is food a very friendly welcome and a time to chat

[www.eastbourne.foodbank.org.uk/locations](http://www.eastbourne.foodbank.org.uk/locations)



The DB Domestics team.

Photo Credits: Dreamlife Photography, Eastbourne.



Seaside Road.



Susans Road.

# 40 years of domestic bliss

**FOR the last 40 years, this Eastbourne based, family run business has been in the community for four decades. It employs over 40 local people and has supported hundreds, if not thousands, of local families and individuals over the years; it's stuck around for a reason.**

By **Jen Welford**

**It all began at 409 Seaside Road in 1981, a shop which was originally Joan Blackhurst Hairdressing.**

Originally the shop was run by father and son, Derek Baxter (who had started the company in Luton ten years before making the decision to move to the coast) and Andrew, who was 16. They were joined shortly after by Andrew's older brother David, and over time the third of the three brothers, Robert when he was old

enough (he was still at school at the time at of originally opening). Other shops have been trialled in the town over the years, but the original site has proven to be home. It is still the DB shop site today, and now spans numbers 407 to 423!

## Three generations

Two of the employees who joined at the same time are still here, Richard Murrell started in 1983 Darren Mace 1986. Among the 40+ employees who work at *DB Domestics*, there are now three generations of the Baxter family, including Andrew, David and Robert's partners, and several of Derek's grandchildren.

*DB Domestics* are proud to be involved in the community sponsoring local sports clubs and charities including *Eastbourne Borough, Eastbourne Town and Eastbourne United*.

## 40th celebrations

To kick off the month-long celebration of the 40th Anniversary, the showroom was decorated with blue, yellow and gold balloons installed by a local party company, and DB cakes were created by a local baker to be given to customers. All staff gathered for a fun filled photo session in the sun and were joined in store over the weekend of the 1st and 2nd by

countless well-wishers and people who had been part of the DB journey over the years.

## Anniversary giveaway!

Everyone who buys something in store throughout October is being entered into a prize draw to win a top *Dyson* vacuum, supplied by DB's small appliance department.

## Derek Baxter

Derek, who is now retired, had a wonderful day back in the store, surrounded by family and friends "We would like to say thank you to all of our customers over the years for supporting our family business. We are fortunate to have many long serving staff and a great fitting and service team too. So thank you one and all for your loyal support. It means the world."

Tom Baxter, Grandchild and Sales Manager is making plans for the next 40 years "It's great to be part of our family business and to be able to continue to drive it forward with new services such as kitchens and online shopping to support the ever changing local community."



DB Domestics showroom today.



Derek Baxter.



Andrew Baxter.



Tom Baxter.



# BLACK FRIDAY DEALS



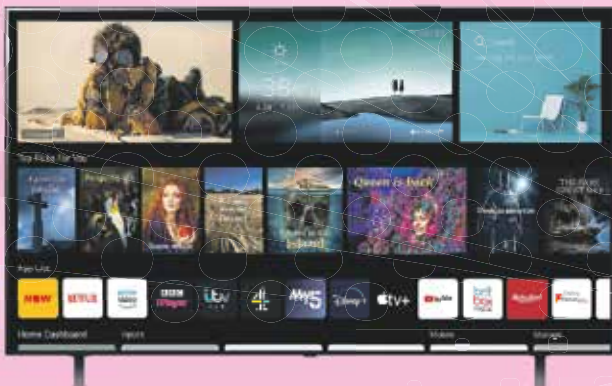
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# Live ON AIR!

**EASTBOURNE Youth Radio (EYR) returns to the airwaves for the 21st year from 17th – 19th November 2021 on 87.7FM and online at [www.eyr.org.uk](http://www.eyr.org.uk)**

By **Tim Sorensen**

**Broadcast from studios at East Sussex College in Eastbourne, EYR sees students aged from 5-19 from local schools and other organisations, present their radio shows covering a wide range of topics – much of it live.**

This year's broadcast coincides with several notable events. Namely, *Anti-Bullying Week*, *Global Entrepreneurship Week*, *UK Parliament Week* and finally *BBC Children in Need*. Individual programmes will cover all of these during the packed 3-day schedule.

## Wonderful opportunities

EYR is only made possible by the considerable support and involvement of the many businesses and organisations that are detailed in the listing pages that follow.

Alison Brewer, Director of *Brewers Decorator Centres* and lead sponsor says, "We are delighted to once again support the *Eastbourne Youth Radio*, a very worthwhile project in our heartland of Eastbourne. We've seen first-hand the wonderful opportunities the project offers the students; developing organisational, technical and creative skills and

giving the opportunity to delve deeper in topics that directly affect them and their future. We're very excited to get involved and hear what the young people of Eastbourne have to say!"

## Providing support

We are very pleased to receive a grant from the *Eastbourne & Lewes Community Safety Partnership*. This recognises our work promoting *Anti-Bullying Week* and this year's theme 'One Kind Word' plus associated issues around mental health and wellbeing. Several programmes will focus on related stories and the organisations providing support including *Holding Space*, *Haine & Son* and *Culture Shift*.

*Southern Water* is back in the studio for a couple of programmes to talk about 'Water for Life' and the troublesome 'Unflushables'. *East Sussex Fire & Rescue Service* will be talking important safety issues. *Shaw Trust* and *People Matter Trust* will be providing advice and support for local job seekers and *The Toy Stop* will no doubt have a few Christmas messages for us! *St Wilfrid's Hospice* will be discussing their caring work and opportunities for volunteering and the team from *Radio DGH* will also be talking about their invaluable service across the wards.



87.7FM

**EASTBOURNE YOUTH RADIO**

LIVE ON AIR  
17-19 NOV 2021  
[www.eyr.org.uk](http://www.eyr.org.uk)

EASTBOURNE EDUCATION BUSINESS PARTNERSHIP

Brewers DECORATOR CENTRES

EAST SUSSEX COLLEGE

## Developing skills

EYR is all about enabling young people to research, produce, present and perform their own material in association with community partners for a family audience. From this they learn and develop a whole range of skills that they will find helpful in future life.

We hope that you enjoy listening to their work over the three days.



June 2021 Answer Back! panel.





# Programme Schedule

[www.eyr.org.uk](http://www.eyr.org.uk)



## Wednesday 17th November

### Programmes kindly sponsored by:

10am	EYR Launch Mix	<i>Brewers Decorator Centres</i>
11am	Bede's Prep	<i>The Toy Stop</i>
12pm	East Sussex College	<i>Haine &amp; Son (part of CPJ Field)</i>
1pm	The Eastbourne Academy	<i>Mears</i>
2pm	East Sussex College	<i>Holding Space</i>
3pm	East Sussex College	<i>Stagecoach South East</i>
4pm	East Sussex College	<i>Carrot Events</i>
5pm	East Sussex College	<i>Southern Water</i>
6pm	Answer Back!	<i>EDEAL &amp; Eastbourne unLtd</i>
7pm	Radio DGH	<i>Radio DGH</i>
8pm	East Sussex College	<i>Ditzy Media</i>
10pm	East Sussex College	<i>Firebrand – Brand Design Agency</i>
****	<b>Weather Reports Today</b>	<b>Your Eastbourne BID</b>

Lead Sponsor:

**Brewers**  
DECORATOR CENTRES



## Thursday 18th November

### Programmes kindly sponsored by:

12am	East Sussex College	<i>Eastbourne EBP</i>
4am	East Sussex College	<i>The BIG Futures Show</i>
7am	East Sussex College	<i>Morgan Sindall</i>
8am	Ratton	<i>Let's Do Business</i>
9am	East Sussex College	<i>People Matter Trust</i>
10am	Stone Cross	<i>Up Country Stone Cross</i>
11am	Willingdon	<i>The Beacon</i>
12pm	Meet the Media	<i>East Sussex College</i>
1pm	The Turing School	<i>Eastbourne EBP</i>
2pm	East Sussex College	<i>St Wilfrid's Hospice</i>
3pm	East Sussex College	<i>Shaw Trust</i>
4pm	Our Principle's Hour	<i>Culture Shift</i>
5pm	YMCA Eastbourne	<i>Eastbourne Homes</i>
6pm	East Sussex College	<i>Eastbourne &amp; Lewes Community Safety Partnership</i>
7pm	East Sussex College	<i>The Best of Eastbourne</i>
8pm	East Sussex College	<i>Domino's Pizza</i>
9pm	East Sussex College	<i>JWD Removals</i>
10pm	East Sussex College	<i>East Sussex College</i>
****	<b>Weather Reports Today</b>	<b>AFH Payroll Solutions</b>



Thank you to **Ditzy Media** for kindly providing Social Media and **CobbPR** for Hospitality Tea.

## Friday 19th November

### Programmes kindly sponsored by:

12am	East Sussex College	<i>Eastbourne EBP</i>
4am	East Sussex College	<i>East Sussex College</i>
7am	East Sussex College	<i>Carrot Events</i>
8am	Cavendish	<i>Southern Water</i>
9am	St. John's Meads	<i>East Sussex Fire &amp; Rescue Service</i>
10am	Cavendish Primary	<i>The Observatory Science Centre</i>
11am	East Sussex College	<i>Custard Design &amp; Print</i>
12pm	Gildredge House	<i>W. Bruford</i>
1pm	St. Catherine's	<i>Eastbourne Borough Council</i>
2pm	EYR Close Mix	<i>Brewers Decorator Centres</i>
****	<b>Weather Reports Today</b>	<b>Recruitment South East</b>

# Harrison's having a great time at The Toy Stop...

**IT'S now been seven months since young Harrison Dann opened *The Toy Stop* in Langney Shopping Centre.**

By **Peter Lindsey**

**The opening created a great deal of publicity for the young Eastbourne businessman.**

And eight months on, the shop is doing really well and Harrison couldn't be more pleased.

## **Paying off**

Harrison said: "Of course it was exciting for me at the age of 19 to take the plunge and open the shop.

"At the same time, I knew it would be a challenge and require many, many hours of hard work each week.



"It's paying off. Revenue goes up every month so does profit and now we are hoping for a bumper Christmas.

"We have built up such a regular and very reliable clientele and our customers come back repeatedly, which always pleases me."

His message this year is buy as early as possible.

## **Come see us**

Harrison said: "We do have stock – don't get me wrong – but it is a battle with the shortage of lorry drivers, which has been in the national news.

"The safest way to avoid any dramas or last-minute upset is to come to us as early as possible.

"We are here seven days a week.

"And don't forget you can also buy from us online. Our online sales are also very encouraging too."

Harrison is also looking to expand next year by converting the downstairs of the unit in *Langney Shopping Centre*.

"It's all looking and feeling really good. If you haven't tried us yet, come down, you won't be disappointed."

[www.toystopsussex.co.uk](http://www.toystopsussex.co.uk)



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# MAYBUGS



Make Someone Feel Fabulous This Christmas  
[www.maybugs.co.uk](http://www.maybugs.co.uk)  
Eastbourne & Hailsham



# A real ice rink for the town

**GREAT news for Eastbourne, as a REAL ice rink proves to be just what the town needs this Christmas. Tickets are on sale now, so get your skates on!**

By **Gail McKay**

**Visit Eastbourne, Your Eastbourne BID and Lightning Fibre are bringing you Eastbourne's ice rink, due to open on the 1st of December 2021 at Eastbourne's Enterprise Shopping Centre.**

## The Enterprise Centre

The fully covered ice rink will be situated at the *Enterprise Centre*, just a short distance from the train station with ample parking and close to the nearby independent shops of Little Chelsea, the boutiques of Cornfield and the eateries of Victoria Place.

## Headline sponsor

CEO and founder of *Lightning Fibre*,



Ben Ferriman, commented "The announcement by *Your Eastbourne BID* that they were bringing an Ice Rink to Eastbourne this Christmas was amazing news. We immediately offered to headline sponsor this great event, which will bring a lot of enjoyment to families here and from out of town. As Eastbourne's new, full fibre network operator it made a lot of sense for us to support this local initiative, both financially and by providing our full fibre broadband free of charge at the event for the public to use.

## High speed connectivity

CEO of *Your Eastbourne BID* Stephen Holt added "*Lightning Fibre* are rolling out hyper fast broadband across the town, and I'm also

delighted that our rink will also feature Full Fibre broadband. At the rink, users will be able to instantly upload their videos, photos and reviews of the experience and share them with friends and family thanks to *Lightning Fibre's* high speed connectivity."

"It's such a great partnership — not only are *Lightning Fibre* showing their true commitment to our town, but I think the only thing faster than their internet connection might be the ice skaters?"

Prices Adults: £12.00, Children (11 and under): £8.00, Family: £30.00 (2 Adults + 2 Children or 1 Adult + 3 Children)

[www.visiteastbournetickets.co.uk/icerink](http://www.visiteastbournetickets.co.uk/icerink)



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[info@solidconroofs.co.uk](mailto:info@solidconroofs.co.uk)





# Looking for work – seek out People Matter

As it approaches its 25th anniversary year, employment charity **People Matter** is gearing up for another busy autumn and winter in meeting the needs of Eastbourne and Wealden's job-seekers.

By **Keith Ridley**

Through the Covid pandemic, through the months of lockdown, the ending of the furlough scheme and the introduction of Kickstart, **People Matter's** team has been offering its free support and advice to people of all ages and from all backgrounds.

"We're here to help, any which way you choose," said CEO Ann Gillard. "We can meet with you in person, with an appointment, or on Zoom, through Skype, on WhatsApp or by telephone.

"We've never been more accessible or more available."

The good news is that in spite of having its busiest year ever, **People Matter** is able to offer a quick turnaround of appointments.

Thousands of job-seekers have benefitted during the past 25 years from the free expert careers advice offered by People Matter's professional team of client advisers.

Support ranges from CV writing and careers guidance to employability and confidence-building workshops, mock interview practice, and assistance with application forms and letters to employers.

From its base at 6 Saffrons Road, the charity also offers the facility of a Job Club, where – by appointment – clients can access free use of a computer and printing facilities. *Food Safety In Catering* is one of the courses also offered free-of-charge at Saffrons Road on a periodic basis.

To make itself as accessible as possible to job-seekers, the charity is also offering drop-in sessions at Eastbourne's *Langney Shopping*



People Matter's Working For You team, with former MP Stephen Lloyd.



**FREE services for those seeking employment or career change:**

## CV WRITING

A one to one design and production service

## CAREERS GUIDANCE

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Centre, at St Elisabeth's Church in Old Town and at Willingdon Trees Community Centre. Appointments for any of these venues – or for the offices at Saffrons Road – can be made by calling **01323 431289** or **07843 190738**.

Said Ann Gillard: "We learned from the experiences of lockdown that we could extend our reach in this way and our clients have become comfortable in us helping them through different channels. Our approach is just as friendly, just as supportive."

Further services are offered by **People Matter** through its Working For You team (which tries to match potential candidates to employers' vacancies) and through its Kickstart initiative – giving first-class employability support to young people aged 18 to 24, under the government's job creation scheme.

For further information and guidance, again please call **01323 431289** or **07843 190738**.



Always a warm welcome at 6 Saffrons Road.







# BOOM: Battle Bar... an amazing success story in The Beacon shopping centre

**AND walking around the amazing outlet near to the cinema upstairs, it's not hard to work out why.**

By **Peter Lindsey**

**It's a great new venture for Eastbourne and proving incredibly popular.**

So, what exactly is on offer at the venue which is open for business seven days a week from 11am until midnight.

Please note it is over 18s only after 7pm.

You can either pre-book (which is probably the best option) or you can walk in and book your games at reception.

There are seven different activities:

1. **Bavarian Axe throwing.**
2. **Nine-hole Crazy Golf.**
3. **Shuffleboard.**
4. **Beer pong.**
5. **Augmented reality darts.**
6. **Hammerschlagen.**
7. **American Pool.**

Here's Assistant Manager Ashley Carnell: "The Bavarian Axe Throwing has attracted most media attention, and obviously you have to be 18 and over to play this.

"We have safety restrictions in place and you are not allowed to drink alcohol before or during this. It's especially popular with stag and hen nights.

"The Nine-hole Crazy Golf – and the Catapult crazy golf – is really popular, people love it. It's normally played in groups of four, and there is a maze and hill at the end.

"We have an extra bar – the *Tikki Bar* – open around the course with drink offers on Friday and Saturday evening.

"Shuffleboard is great fun using metal pucks. It's normally played in teams and the first one to 15 wins.

"Beer pong is loads of fun, using cups, water and beer, while the augmented reality darts is for up to 10 people at a time.

"There are four mini games – Killer, Disco Wall, Halve It and Robin Hood – ranging from easy to difficult. It takes about an hour.

"The Hammerschlagen involves getting six-to-eight-inch nails into the wood, and you need a real rhythm for this one.

"And American pool is what it says – people love playing pool."

*Boom: Battle Bar* is also a great place to go before a late night at the venues open till the early hours.

There's also a great food and cocktails menu as well as a photo booth.

Christmas bookings are going really well.

So, get down to *Boom: Battle Bar* upstairs in *The Beacon* – and well worth a visit!





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# Soapbox to return to Eastbourne seafront in 2022

**THE Seafront Soapbox Race is set to return to Eastbourne next year.**

By **Peter Lindsey**

**Following on from the hugely successful inaugural competition in September this year, Eastbourne Borough Council has confirmed the second event will take place on Sunday 25th September 2022.**

The race encourages participants to build their own soapbox to race each other along the seafront.

It starts at Dukes Drive and finishes at Helen Gardens with the wacky creations whizzing around corners with the aim of staying in one piece by the time they complete the 350-metre course and reach the finish line.



## Huge success

Entries can be registered from Wednesday 1st December 2021 and there are cash prizes up for the fastest soapbox and the wackiest creation.

The 2021 fastest time winners were *Eastbourne Gildredge Albino Squirrel Appreciation Society*, whose members completed the course and both jumps in just 32 seconds.

"It's sure to be a very popular event and I would advise people to register to avoid disappointment. It's going to be bigger and better next year as more crazy contraptions take to the course for a fun-filled competition."

Local businesses can also pre-register for both entry and sponsorship opportunities by visiting:

[www.seafrontsoapbox.com](http://www.seafrontsoapbox.com)

*Lewis Electrical* took the prize for the best dressed team.

Eastbourne Borough Council's lead member for tourism and culture Councillor Margaret Bannister said, "I am delighted to announce the Seafront Soapbox Race will return next year.

"This year's event was a huge success with competitors putting their homemade soapboxes to the test. Hundreds of people lined the route and both competitors and spectators had a great time.

"The date has been set for next year and entries for individuals and businesses will be available from 1st December on a first come first serve basis.



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01424 752501 [sales@carr-taylor.co.uk](mailto:sales@carr-taylor.co.uk)  
OPEN DAILY, 10am -5pm**



# Everybody... and their dog... can now visit The Beacon!

**ALL dog owners can now take their four-footed friends into *The Beacon* in Eastbourne.**

By **Peter Lindsey**

**Until recently only guide and assistance dogs have been allowed into the shopping centre but new director, and dog owner, James Roberts has introduced the change.**

James, whose Beagle, Barkley, often accompanies him to work, said: "I think banning dogs is unnecessary

and antiquated. A ban assumes that dog owners do not have control over their pets which is not the case. The majority of owners have well behaved dogs, and it just makes life a lot easier if they can be brought into the centre in line with a number of shops who now welcome dogs."

Signs banning dogs have been removed from the centre and owners will be expected to keep their pets on a lead.



**Pictured: James Roberts, director of The Beacon, with Barkley and other four legged visitors to the centre (L to R: Finn, Bonnie, Barkley and Ringo).**

James added: "I want *The Beacon* to be inclusive and I've had really positive feedback about the change. We won't be putting signs up to ask owners to keep their dogs on a lead because I believe our customers will have the common sense to know that's what is expected in a busy shopping centre."

The new policy has been welcomed by *DogFriendly.co.uk* that has more than 59,000 businesses, including shops, hotels, self-catering properties, pubs, and beaches, on its database.

Steve Bennett, from *DogFriendly.co.uk* said: "I am delighted to hear that *The Beacon* is going to be allowing dogs. I've visited *The Beacon* in the past and was really disappointed I couldn't take my dog into the centre."

"Despite the increasing number of businesses that do welcome dogs, it is still unusual for shopping centres so it's great that *The Beacon* is being innovative and leading the way with this new initiative. We'll be letting everyone on our database know that their dogs are welcome."

## Rosemary's Coffin Art

**Here at Rosemary's Coffin Art we understand that planning a funeral is a difficult process, and that by choosing my customised artwork it can bring you one step closer to celebrating the life of a loved one, and giving them a farewell they deserve.**

Rosemary's Coffin Art is an Eastbourne based company and was created by Rosemary Pill an artist trained at Chelsea and Putney College of Art and Design.

You can view some the beautiful coffin designs on [rosemaryscoffinart.com](http://rosemaryscoffinart.com)

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6 workshop style first aid and healthy mind classes teaching children how to stay well mentally as well as physically.

**Starting Jan 2022**

# Teaching children how to keep a healthy mind and body

## IT'S new for January 2022 – and it teaches children how to keep a healthy mind and body.

By **Peter Lindsey**

**A new after school programme for children aged seven to 11 is being launched by Mini First Aid East Sussex Brighton and Hove.**

It is being held in Polegate.

Here's Jen Fisher: "We're combining our award-winning kids first aid class with our healthy minds course into six workshop style sessions to teach children how to keep a healthy mind and body.

"In the six weekly sessions, children will cover:

**First aid** – getting help safely in an emergency, assessing a casualty, the recovery position, CPR, choking, bumps, breaks, burns and bleeding.

**Healthy minds** – self-esteem, anxiety, resilience, bullying, body image and keeping a healthy mind."

Children will be involved in a range of practical, fun, and informative activities.

They will receive a first aid kids and healthy minds workbook as well as two certificates on completion.

Places are limited.

**Starting:** Mondays from 3rd Jan 5:00–6:15pm.

**At:** Saint George's Church Hall, Polegate.

**Cost:** £40 for a six-week course.

Find out more and book at: [eastsussex.minifirstaid.co.uk](http://eastsussex.minifirstaid.co.uk) under classes for children.



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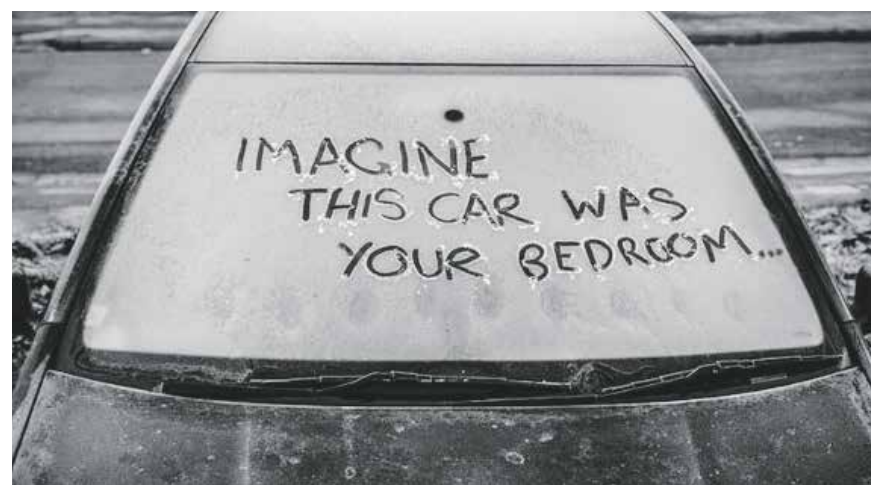


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# Warming Up The Homeless



## CHANGING the face of Homelessness.

By **Trudy Hampton**

**Supplies are always needed, from clothing to sleeping bags and food for our breakfast packs, given out to each homeless person we see on our outreach rounds.**

No-one should start the day without the prospect of food. Please get in touch if you would like to donate.

Volunteers are always needed.

Please email Trudy Hampton on:  
**trudy@warmingupthehomeless.org.uk**

A DBS check will be required and you will need to undertake safeguarding training and professional boundaries training, all of which we provide.

These are our most required items:

- Pot noodles
- Crisps.
- Small bottles of water.
- Chocolate bars.

- Cereal bars.
- Tinned items.
- Small individual long-life cartons of juice.
- Toiletries for men and women.
- Boxer shorts for men (size small or medium).
- Knickers for women (size small or medium).
- Socks for men and women.
- Wet wipes/baby wipes.

Find us on Facebook under **Warming Up The Homeless** or email: **trudy@warmingupthehomeless.org.uk** or text **07367 060 708**



Registered Charity Number: 1180417

# Embracing the challenge to raise £35,000

## TO help families who desperately need support.

By **Gail McKay**

**Embrace East Sussex was co-founded in 2014 by Rebecca, a parent struggling emotionally after her son Harry was diagnosed with dyslexia, ADHD, anxiety, learning disability, and Autism with significant and disordered language skills.**

She knew from a very young age that there was something different about Harry but finding the right support to get Harry his diagnosis was a mission that felt very overwhelming and never ending. Once Harry was given his diagnosis, Rebecca vowed that no other parent or child should ever feel as alone as she did in her mission to help her son and so, *Embrace* was born.

Since then *Embrace* have helped hundreds if not thousands of children and their parents/carers to access services that would enable them to reach their potential and have even set up specialist projects and services of their own to fill gaps in local provision where they have found them.

Then the COVID-19 pandemic of 2020 hit them and brought the charity to its knees. *Embrace East Sussex* rallied the troops and put together care and home schooling packages for their families but knew this would not be enough to support them. So, the *Parent Support Group* went online and onto the phone lines and they didn't stop getting calls for help and support from across East Sussex. The surprising thing to *Embrace* and the *Parent Support Team* though, was that they began to get calls from people

outside of East Sussex, across the UK in fact, who needed help and support because they just could not get the same support where they lived.

Emergency Government and *National Lottery* funding just about saw them through those dark times. However, *Embrace* always knew that the real test would be when the country went back to "normal". Now, *Embrace East Sussex* are faced with the reality that to continue to provide the services on offer to the hundreds of children who have special needs and disabilities and the families/carers that they support, *Embrace* need to raise approximately £35,000 by February 2022.

*Embrace* know that they can climb the mountain, but they cannot do this alone.

However, this is how you can help:

- Set up a Birthday Fundraiser.
- Hold a sponsored event – this could be anything you like but some ideas include a walk, a run, head shave, car wash, afternoon tea, flash dance, cake sale or something completely unique.



- Donate raffle prizes for the Embrace Festival Afternoon Tea and Christmas Fair.
- Consider becoming a regular monthly donor by setting up a direct debit or monthly standing order.
- Consider becoming a charity partner.
- Consider Embrace as your corporate 'charity of the year'.
- Share, share, share this campaign.

To get in touch with *Embrace East Sussex* please email: **info@embraceeastsussex.uk** or call **01323 404775**.

**Please help them if you can and THANK YOU!!**





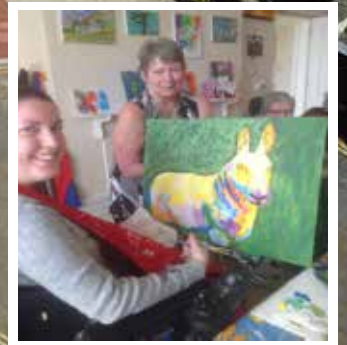


# TheChaseleyTrust

Your specialist local charity enabling people with complex disabilities to live a full and active life



Located in South Cliff, Eastbourne, The Chaseley Trust is a 55 bed charity care home offering high-quality care, nursing and rehabilitation services for adults with severe injuries as a result of Acquired Brain Injury, spinal cord injury, strokes and neurological disabilities, such as Multiple Sclerosis, Motor Neurone and Parkinson's Disease



## We offer residents:

- 24 hour residential care and nursing for long term and respite stays
- Specialist rehabilitation services – neuro physiotherapy & occupational therapy
- Fully wheelchair accessible gym facilities also open to the local community
- Dedicated and highly trained staff
- A varied range of stimulating activities
- Healthy and nutritious meals tailored to personal diets
- A home from home in a stunning seaside location
- Casbar, our bistro cafe open to family and guests to socialise during the day

## We offer staff:

- Comprehensive training
- Free Lead Adult Care Worker courses & apprenticeships
- Competitive rates of pay
- Rewarding work
- Career development
- Fixed 5 week rolling rota
- Benefits include free health scheme and life insurance cover

## We offer the community:

- Volunteering opportunities
- Fundraising events and opportunities
- A very worthy local cause to support

For further information or to visit, please contact us on **01323 744200**  
or by email: [info@chaseleytrust.org](mailto:info@chaseleytrust.org)

[www.chaseley.org.uk](http://www.chaseley.org.uk)





# Why Well-Being at Chaseley is so important

**CHASELEY'S Well-Being Team was recently placed in the top 5 of the *National Activity Providers Association (NAPA) Activities Team of the Year* award.**

By **Jodie Cornford**

**Emma, CEO tells us that “This is an amazing accolade as it covers all of the UK so to be finalists was simply awe inspiring.**

“We held a dress-up party and the residents enjoyed participating. Although we did not win, we as a family here at Chaseley felt like we were already winners, especially to be included with some of the top UK care groups such as *Hallmark* and *Barchester*. Huge well done to our most incredible team of people who brighten our days with energy and a full programme of activities and independence giving projects”.

## Art group

The Well-Being Team organise and deliver a multitude of daily activities for all residents, ranging from the popular art group, through to gardening club, pet therapy and woodwork, cookery, movement to music, as well as regular themed event days.

The Activities programme really is the social heart of *Chaseley* and

is designed to care for residents' emotional well-being. Having a good social and recreational activities programme is particularly important for people who have sustained a brain injury, experiencing some of the changes in lifestyle, ability and environment can have a very isolating and negative impact on life satisfaction.

By encouraging participation and helping to reduce social isolation, the activities programme can support good mental and physical health and improve a person's sense of well-being.

The main source of *Chaseley's* funding comes from residents' fees, which cover the cost of their care package and contributes to the daily running costs of the home. Various commissioning bodies fund most resident care packages and they have just 5% surplus to fund all their additional costs, including the upkeep of their beautiful building, upgrading their equipment, and to provide the extra social and recreational activities and services that enhance the comfort and well-being of their residents, which is why they rely on donations and fundraising.



Chaseley's Well-Being Team.



The Chaseley Trust turns 75 this year and as part of their anniversary plans, they have recently launched a £375,000 fundraising appeal to modernise, update and refresh Chaseley. If you would like to donate to Chaseley's 75th fundraising appeal, please visit their website at:

[www.virginmoneygiving.com/fund/Chaseley75thAnniversaryAppeal](http://www.virginmoneygiving.com/fund/Chaseley75thAnniversaryAppeal)

If you feel that you could support Chaseley by making them your Charity of the Year or potentially host an event on their behalf, please contact Jodie on **01323 744200** or [fundraising@chaseleytrust.org](mailto:fundraising@chaseleytrust.org)



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# Enter the Spirit of Christmas with Bournefree



## WE are delighted to launch the **Bournefree Spirit of Christmas Appeal 2021.**

By **Peter Lindsey**

**It's been a tough 18 months with the Covid pandemic – and for many it remains a challenging time.**

Many charities and local voluntary groups also had a hard time.

Hence why we want to spread a bit of positive Christmas spirit.

We are looking for 10 charities and 10 businesses or individuals.

We want the charities to tell us what will make Christmas special for their people.

It may be some Christmas presents, it may be organizing a Christmas party, it can be absolutely anything.

We will then choose 10 of them and try to make those wishes come true.

Andy Thomas, director of Custard Design and Bournefree said: "We are urging the Eastbourne community to get behind this.

"The starting point is to ask charities and local groups what would bring a smile to their people's faces this Christmas.

"Once we know that, we will reach out to the business community – and some individuals – willing to help.

"It's a great idea, and we are sure it will work and help people across Eastbourne and surrounding areas this Christmas."

So it couldn't be easier...


Simply send an email to: **pete@bournefreemag.co.uk** with your requests.

This is aimed at charities and local groups. Tell us what will make a real difference this Christmas.

We will be reporting on this regularly on the *Bournefree* website and Facebook page.

In the December edition, we will show what wishes we have been able to grant.

Thanks everyone for their support.



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There are already plans to extend the farm shop by spring 2022 and a new *Water Side* café is being built on the site overlooking the beautiful House Lake, to open in the New Year.

# New Farm Shop has opened

**THE owners of *Sharnfold Farm* at Stone Cross have expanded and opened a new venture in East Sussex.**

By **Peter Lindsey**

**Kent Entertainment Ltd Group has opened a new top quality Farm Shop offering the very best in local produce.**

*Wylands Farm Shop* is situated in Powdermill Lane, Battle, on the grounds of Wylands Fishery which covers a staggering 154 acres.

It opened last week and specialises in local and farm produce, and the early response from the public has been incredibly positive.

Derek Ruby – Area Retail and Merchandise Manager – has overseen the shop fitting and says it is a very exciting venture.

Derek said: “We have come out of Lockdown determined to invest and deliver a high-quality new farm shop.

“We are delighted with what we have to offer and we are confident that customers will come from far and near to see what we have to offer.

“We are open seven days a week and are expecting a bumper Christmas, so we urge people to come and see us.”

Attractions include:

- A large variety of local farm and shop produce.
- Fresh vegetables, local game and meat.
- Beer, wine, tea, coffee and honey
- Fudge, jams chutney and eggs.
- Biscuits, crisps and cakes.
- Locally produced gifts.
- Calendars, cards and so much more.
- Flowers, and bedding plants.
- Deli fridge.
- Fresh bread delivered daily.
- Bird food.

Derek said: “We are focusing on the quality of what we are selling, and also sourcing as much as possible from local suppliers.

“For example, much of the meat we sell comes from our sister site, *Sharnfold Farm*, in Stone Cross, whose Butchery has a fantastic reputation.

“We are selling *Kentish Mayde* pies, *Biddenden’s* wine and cider plus Battle, Sussex and *Silly Moo* cider, *Harveys*, *Battle Brewery*, *Marsh Brewery* and *Long Man* beer and a nice selection of wines supplied by *Laithwaites Wine*.

“We also stock *Ringden Farm’s* apple juices and preserves and *Folkington’s* Fruit Juices.

“Our eggs are free range from a local poultry farm and Paynes Honey comes from the bees on The South Downs.

“We also have exclusive access to some local artisan craft and confectionary suppliers.

“We are ideally positioned just up the road from Battle High Street, just 10 minutes from Hastings and close to Bexhill, while places such as Rye and Eastbourne are also not far.”

Derek said: “We are convinced that the demand is there and customers will flock to us because we provide first class customer service selling the very best there is around for many miles.”

The shop is open Monday to Saturday 9am until 4pm and Sunday from 9.30am until 4pm.

Go to: [www.facebook.com/Wylands-Farm-Shop-101960178951928](https://www.facebook.com/Wylands-Farm-Shop-101960178951928)



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The luxury care home provides residential, dementia and nursing care, giving families peace of mind that their loved ones have a home for life even if their care needs change over time.

## Fulfilling lives

Every colleague in the home is passionate about enabling residents to enjoy a fulfilling lifestyle, tailored around their needs and preferences. If your loved one enjoys a quiet cup of tea in bed or enjoys a chat over a beer, the team will make it happen.

The lifestyle team organise a variety of group and one-to-one activities, with plenty going on, from baking and art classes to dancing and cocktail evenings.

The home has its own cinema, café and hair salon – perfect for ensuring your loved one can enjoy the very best in luxury facilities.



The chef-led team provide delicious meals and treats made from quality fresh ingredients in-house. We take time to learn about your loved one's dietary needs and favourite foods, so there'll always be plenty on the menu they enjoy.

**Our care home is part of award winning provider Care UK – one of the UK's most successful care home operators. Care UK has over 35 years' experience of delivering high quality care to older people, with more outstanding rated homes than any other provider\*.**

**Contact us now to find out more or to arrange a show round.**

**Bowes House care home  
25 Battle Road, Hailsham,  
East Sussex BN27 1DU  
01323 888 480  
[karen.milligan@careuk.com](mailto:karen.milligan@careuk.com)  
[careuk.com/bowes-house](http://careuk.com/bowes-house)**

\* As rated by the Care Quality Commission in England and the Care Inspectorate in Scotland.



# It's going to be massive for Eastbourne

**EASTBOURNE Borough Council** has landed **£19.8 million** investment in the town after a bid to the government's levelling up fund unlocked the multi-million pound windfall.

By **Peter Lindsey**



**The cash will underpin an ambitious and far-reaching plan to link town centre regeneration with a strengthened visitor economy – the project will see:**

- £7.623 million...to convert *Victoria Place* into a vibrant, pedestrianised cultural district, including new green energy infrastructure, with awnings, lighting and heating; with excellent independent cafes and restaurants serving high quality, locally sourced food and drink all year round, also developing a night-time economy.
- £11.186 million...to create a world-class culture and education centre at *Black Robin Farm*, a former dairy farm set on the Downs above the town, connecting the *South Downs National Park (SDNP)* with the town centre and seafront and providing a new destination for around 100,000 visitors per year, space for new businesses and work placements for young people during both the construction and operational phases.
- £1.037 million...investment in the Towner's Centenary project, creating a number of legacy public artworks across the town that will provide an arts trail connecting the seafront, town centre and SDNP, as well as enhancing gallery facilities to support the education and outreach programmes that will engage strongly with some of Eastbourne's most disadvantaged communities.

Councillor David Tutt, Leader of *Eastbourne Borough Council*, said: "This is a legacy defining moment in the history of our wonderful town and one that will benefit generations

of residents, both now and long into the future.

"I'm obviously delighted that the government recognised the great ambition within our plans and now look forward to starting the project work and fulfilling the bid's huge potential.

"I must also thank all those who have contributed to this great council success. Special thanks to Christina Ewbank and all the other members of the *Stakeholder Group* for their constructive and supportive contributions and the council officers who drafted the bid.

"Eastbourne working together is Eastbourne at its best!"

The news of the bid success means that the Towner project will be completed in 2023 with Black Robin Farm and Victoria Place following shortly after in early 2024.

Christina Ewbank, Chair of the *Eastbourne Stakeholder Group*, said: "What a terrific and deserved boost for Eastbourne and all who live and work here.

"The bid is really exciting with so many transformative elements within it, be it new infrastructure, cultural and lifestyle developments, educational and employment opportunities and stronger links with the national park and throughout the town.

"Eastbourne's visitor economy is set to become all year round and Terminus Road will come alive at night as *Victoria Place* fizzles with excitement."

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# Christmas at Flames Restaurant

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We have actually returned to our original site from 37 years ago when the restaurant was Shades and owned by Colin & Sharon Taylor and now it is being run by their daughter Michelle and her Fiancé Dan, we are very excited for our first

By **Gail McKay**

Christmas here and hope you will consider booking your Christmas Party with us!



We are open Tuesday – Sunday 11:30am – 10:00pm (last food orders at 9pm).



We are offering a set menu throughout the whole of December (until Friday 24th) and also a variety of drinks packages too, our fantastic chef team will be making everything fresh and are looking forward to the opportunity to impress.

We look forward to welcoming you to our beautifully, fully refurbished restaurant.

If you'd like to have a special Christmas meal here, or a party with friends, family or work colleagues, we'll be thrilled to accommodate you.

We have set menus for to make your party easy to organise, the usual favourites for starters like prawn cocktail, soup and pate, as well as Chef's Special, which changes regularly.



“  
Thoroughly  
recommend it  
and I, along with  
my friends, will  
definitely be going  
back. Looking  
forward to seeing  
you soon.

There’s roast turkey sirloin steak, burgers  
and vegetarian options for main.  
Desserts are from our à la carte menu.

Our drinks packages include your  
favourite cocktails, such as Pornstar  
Martinis, and Espresso martinis.  
Buckets of premium lagers, are a mix  
of Peroni, Corona and Becks. Our Gin  
tree is expected to be very popular.

Here’s a selection of our of 5 star  
reviews online:

“Delicious lunch, all beautifully  
presented and kind and charming  
staff.

Thoroughly recommend it and I,  
along with my friends, will definitely  
be going back. Looking forward to  
seeing you soon!”

“Welcome return to a venue  
favoured by my Mum & Aunt, but  
now under a different & more funky  
guise. Excellent waiting staff too.”

“Visited Flames whilst on holiday in  
Eastbourne. It was recommended  
to us by the owners of Ravilious



Hotel where we were staying. Very  
glad that they did! There were 6  
of us dining and we all enjoyed  
our meals, steaks were cooked to  
perfection and the meat was of an  
excellent quality. The buckets of  
beer were a great idea and very  
good value too! The staff were very  
friendly and attentive and despite  
it being a quiet Tuesday evening  
the atmosphere was very pleasant.  
Will definitely return when in  
Eastbourne again.”

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Tuesday, Wednesday & Thursday Evenings

2 Course Meal                      3 Course Meal  
£15.50                                      £19.50

STARTERS

Prawn Cocktail • Soup of The Day

\*\*\*\*\*

MAINS

Roast Turkey • 6oz Sirloin Steak • Chefs Special Main

\*\*\*\*\*

DESSERTS

Choose from any of the desserts from our main menu!

Friday, Saturday & Sunday Evenings

2 Course Meal                      3 Course Meal  
£17.50                                      £21.50

STARTERS

Chefs Pate • Chefs Special Starter

\*\*\*\*\*

MAINS

Nut Roast • Christmas Burger • Chefs Special Main

\*\*\*\*\*

DESSERTS

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DRINKS PACKAGES

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3 Bottles of House White &  
3 Bottles of House Red  
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Bucket of 12 Beers

A mixture of Peroni,  
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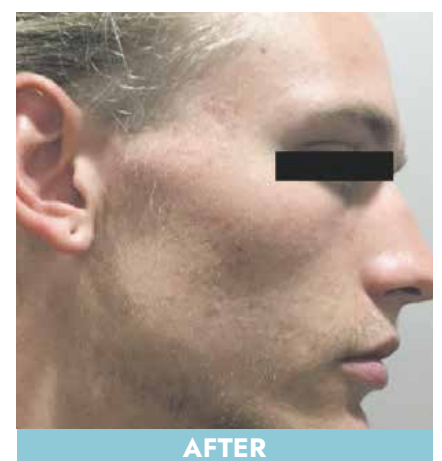
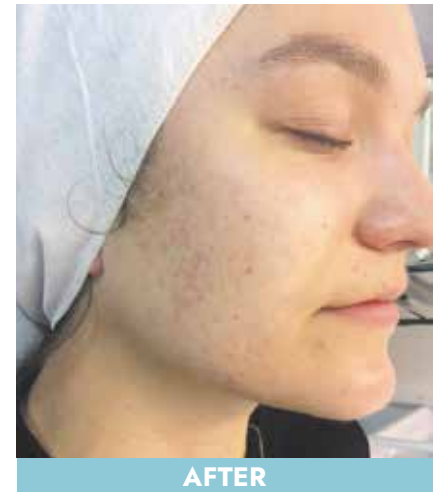
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# Green light for new cycling and walking plan

**A BLUEPRINT for how the county council could make active travel more convenient for everyday journeys has been approved.**

By **Peter Lindsey**

**The council's East Sussex Local Cycling and Walking Infrastructure Plan, which proposes an ambitious network of preferred cycling and walking routes across the county, was agreed by Cabinet.**

Cllr Claire Dowling, lead member for transport and environment at *East Sussex County Council*, said: "Cycling and walking can have huge benefits to people's health and wellbeing, as well as improving air quality and reducing carbon emissions.

"We are keen to put infrastructure in place to encourage people to find more active and healthy ways to travel, and approval of this plan is another step towards achieving that goal."

She added: "This is a document that will evolve with schemes coming forward as and when external funding becomes available, at which point detailed design work and a thorough consultation will take place."

The plan, which at this stage does not include detailed proposals, will build on the active travel measures already delivered through the council's local transport capital programme and active access for growth programme.



Delivery of the plan relies on the council and their partners securing external funding to develop and deliver future schemes.

Cllr Dowling continued: "This is a long-term project and the plan will be regularly reviewed and updated to take into account the views of our residents, and to make sure it continues to support active travel while reflecting the needs of local communities.

"Having a plan in place puts us in a stronger position to secure future investment for the successful delivery of an expanded walking and cycling network across the county."

In line with guidance from the *Department for Transport*, the county's

first plan focuses on areas where there is the greatest opportunity to increase levels of cycling and walking and therefore, to attract external funding, such as the coastal strip and larger market towns in the county.

In rural areas, the council will look at how walking and cycling can be supported through its local transport plan, as well as local and neighbourhood plans. Officers will continue to work with local partners to identify opportunities and funding for active travel.

More information on the *Local Cycling and Walking Infrastructure Plan* can be found at: <https://www.eastsussex.gov.uk/roadsandtransport/planning/>

# Urology team exceed participant recruitment target for research

**THE Urology team at ESHT have been praised for their outstanding contribution to a research study by exceeding their participant recruitment target.**

By **Peter Lindsey**

**They are led by Mr James Moore – Consultant Urological Surgeon and MASTER Study Principal Investigator, Penny Whitling – Urology Clinical Nurse Specialist and Research teams at Eastbourne.**

Mr Moore said: "It is quite an achievement, and most experts thought this kind of surgical trial was not possible to recruit to. Urinary incontinence after prostatectomy has a considerable affect on men's quality of life.

"The MASTER study shows that if surgery is needed, both surgical

options result in fewer symptoms and high satisfaction, despite most men not being completely dry.

However, most other results indicate that men having an artificial urinary sphincter have better outcomes than those who have a sling."

Pictured are: Penny Boxall – Clinical Research Co-ordinator, Jo-Anne Taylor – Senior Research Nurse, Mr James A Moore – Consultant Urological Surgeon, Penny Whitling – Urology Clinical Nurse Specialist.





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These could be the use of HD Property Films, 3D floorplans, subscription to several property portals, 360 degree virtual tours on a particularly impressive website, on-line progress tracking, chain management and interactive “for sale” boards to name but a few.

However, despite the advances in technology, which we are typically the first in the area to embrace, we still believe that it is the people that make or break a service-led industry such as our own.

Selling your home is an intensely personal and emotive experience, and unless a sale is handled with sensitivity, courtesy, consideration and care, then such add-ons are wasted.

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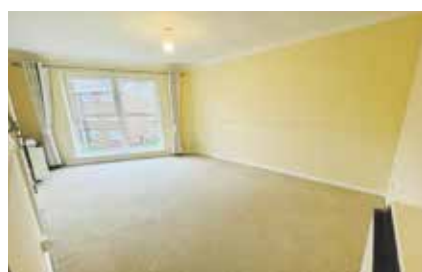
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# Wealden's high streets flourish

**HIGH streets across Wealden market towns and villages are bucking national trends and recovering well from the pandemic, say local experts.**

By **Peter Lindsey**

**And there is high demand for commercial property when it becomes available.**

With larger towns and cities continuing to struggle with reduced footfall and empty premises, Wealden's smaller market towns and villages have benefited from the strong support of their residents,

aided by the free car parking provided by *Wealden District Council*.

Whilst the structural impacts of online shopping and COVID lockdowns have been well documented, the need for social distancing, the preference for outdoor living and more people working from home have all led to a resurgence of people visiting their local high streets.

Recent research on shop vacancies in East Sussex shows levels were higher

in 2015 than they are now in spite of the lockdowns, said Chris Lawson of *Lawson Commercial*.

Another factor is that whilst many independent retailers do not have online stores, Wealden high street businesses are using social media and online community groups to connect with customers.

Uckfield has the highest rate of businesses actively using social media at 52%, closely followed by Crowborough and Hailsham at 46%. These businesses are also taking

advantage of local news sites which offer low-cost advertising opportunities.

*Wealden District Council* leader Bob Standley said, "There is much to gain from us all using our local high streets. It boosts our local economy, supports independent businesses and provides local jobs. It also gives our towns and villages a community hub, which is so important for our wellbeing. I would urge everyone to do their Christmas shopping locally this year and support Wealden's high streets. Let's all shop mindfully and buy local!"



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# The Arts

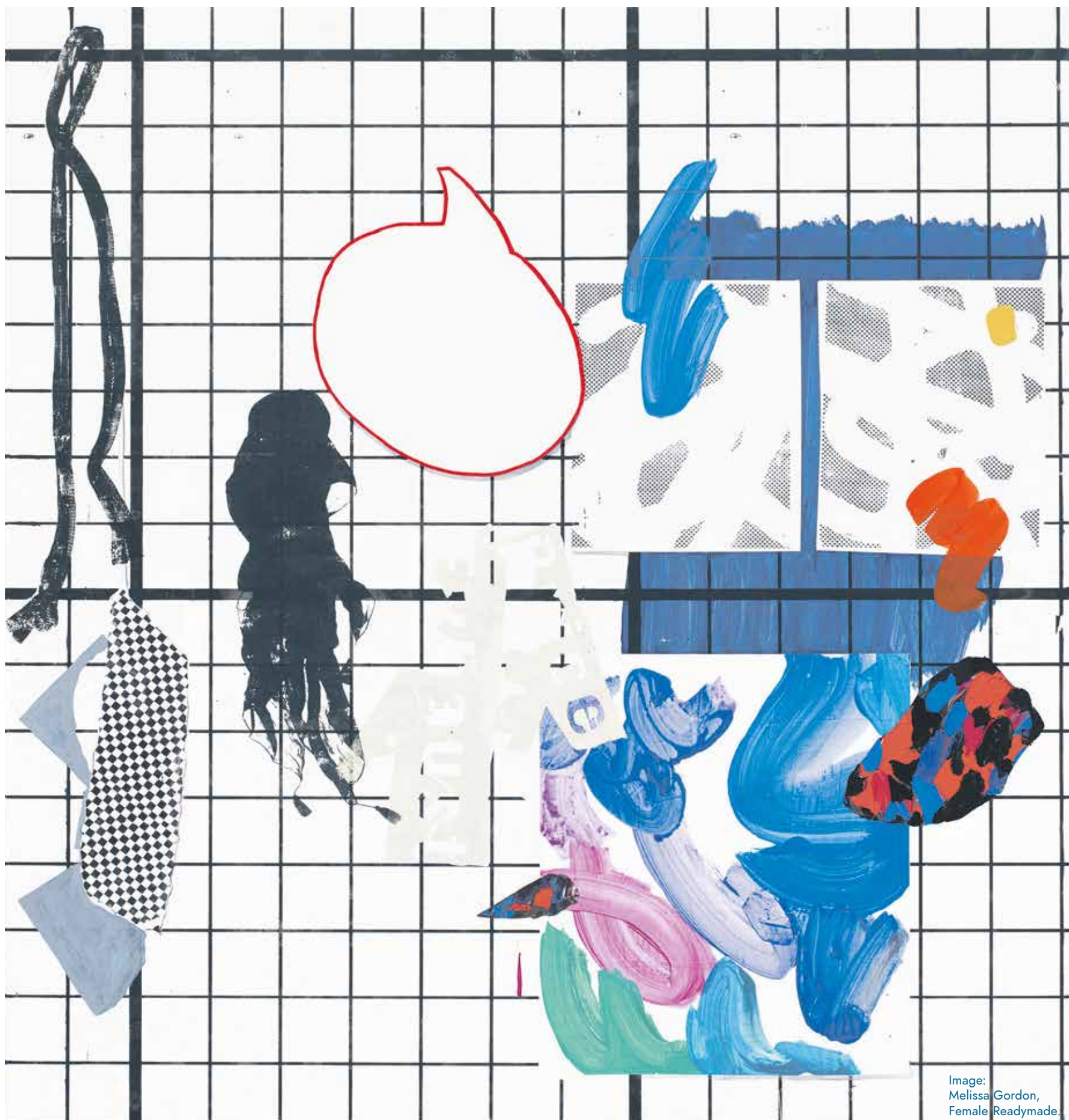


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# Jazz nights

## DEVONSHIRE Quarter Winter Garden Eastbourne reopens for live music experiences.

By Yinka Adelanwa

**The Devonshire Park Jazz Sessions are a series of live events, showcasing swinging, groovy music from emerging**

**local artists and instrumental musicians, including award winning bands, at Winter Garden Eastbourne, East Sussex.**

We invite you all to come join us, take a seat at one of the Sessions. Listen to that cool jazz thing or a



bit of the mean old weary blues. In this space, you have time to countenance the ideas in the folk singer's tales. All this whilst the band explore the depths to which mere sound has no business to go!

Please visit our website below to see the listings of the curated artists and bands displayed here, and more to be announced.

[www.jazzbournemusic.com](http://www.jazzbournemusic.com)



### Butxaca Jazz Band

**Saturday 4th December 2021 – 3:00pm**

**Butxaca are a 6-piece band playing an eclectic mix of jazz-influenced music. Exploring well known pieces from the likes of Herbie Hancock and Freddie Hubbard, to rarely heard gems discovered by members of the band. Arranged Butxaca style, with three frontline horns and a solid three-piece rhythm section driving the groove.**

The band's name, pronounced boo-ja-ka, translated from Valenciano literally means pocket, and Butxaca aim to play music that grooves 'in the pocket'. Whenever Butxaca play there is always a palpable and infectious sense of the deep camaraderie within the band. The interplay between the tight rhythm section and the lively harmonic conversation within the

horn section creates a musical momentum that never fails to engross players and listeners alike.

Butxaca was originally formed to play the music of the renowned and much-missed saxophonist, composer, and music educator Simon D'Souza. For this, the first of many live music experiences on the Devonshire Park Jazz Sessions, the D'Souza songbook is showcased in the signature Butxaca style, bringing to life a unique and influential voice of the Sussex jazz community.

Butxaca are Jane Stimpson (trumpet and flugelhorn), Andy Pickett (baritone saxophone and bass clarinet), Steve Morgan (keyboards), John Bedford (bass), Phil Naylor (drums), led by tenor saxophonist and respected music educator, Beccy Rork.



### Hexagonal Jazz Sextet

**Saturday 4th December 2021 – 8.00pm**

**Hexagonal sextet bring their rich melodies, vibrant harmonies and foot-stomping grooves to the opening night of the Devonshire Park Jazz Sessions. Expect high energy from this band, to pick you up and keep you going throughout the cold winter night.**

Hastings-based Hexagonal jazz band has played to enthusiastic audiences at clubs and festivals including Love Supreme, Scarborough Jazz Festival, Herts Jazz Festival, and has also broadcast sessions on BBC Radio 3's Jazz Now. The group's debut album McCoy & Mseleku (HRCO, 2018) was launched at the legendary 606 Jazz Club London. Formed in late 2016, to perform the music of legends Bheki

Mseleku and McCoy Tyner, born of an ambition of love and experience from the "pleasure and pressure" of working with two titans of Jazz piano. Hexagonal is a band with a foot stomping rhythm section. Propelling the music forward is a fanfare of horns from the trumpet and saxophones dancing along. Weaved all together by lyrical "chording and fluttering pentatonic runs" on the piano.

The musicianship within Hexagonal is "assured, empathetic and communicative" and at the same time "trenchant soloing a plenty". This band, with African and Jazz influences, is sure to deliver another "high energy" live performance of deep blues and groovy music.



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**NEWARTGALLERY** has now been open since May this year after having, like most businesses, a difficult time over the last 18 months.

By **Peter Patterson**, newartgallery

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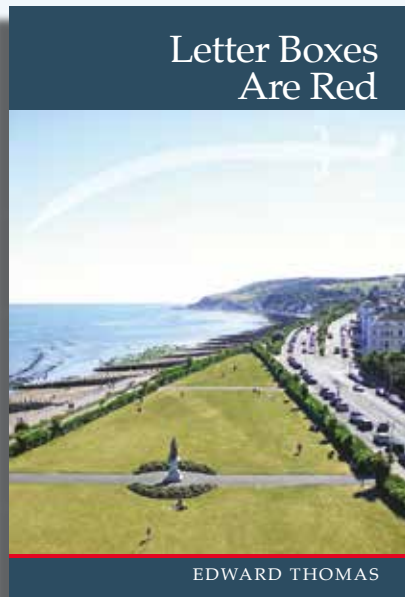
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## Letter Boxes Are Red

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## An Alternative Reality

**EASTBOURNE based author Edward Thomas has just published a startling dystopian novel on what life might be like under extreme Islamic rule.**

By **Gail McKay**

### The novel asks 'What if...?'

I started by asking him about the setting for his new book.

"Half the book paints a picture of contentment in Eastbourne as we know it. Three elderly people meet every Friday afternoon to play Scrabble in one of their homes near the sea front.

"The other half features the same people living an alternative history, in an Eastbourne under Islamist rule following the 9/11 attacks in 2001."

In a series of alternating chapters, the lives of the threesome, one in freedom, the other in oppression, are played out in parallel.

I asked Edward what brought him to this subject.

"There were several motivations. First was Col Gaddafi's 2010 prediction that Europe would eventually be taken over by Islamic control.

"The second was Michel Houellebecq's novel *The Submission*, in which he envisaged a similar occupation in France."

Edward has based his novel on very personal experience.

"The main motive arose from having served two tours of work in the cradle of Islam.

"While working in Dhahran at the time of the Iraqi invasion of Kuwait, I was ejected from Saudi Arabia for writing an article for the *Eastbourne Herald*. I had been looking for an opportunity to reproduce aspects of that personal experience in fiction and now in flashback I have done so more than 30 years later."

*Letter Boxes Are Red* is available at bookshops and on Kindle.



## The Legend of Sleepy Hollow

**DEVONSHIRE Park Theatre, Eastbourne;  
Tuesday 23rd – Saturday 27th November 2021**

By **Gail McKay**

**The American Gothic classic, Washington Irving's *The Legend of Sleepy Hollow* has been transformed to the stage with this new production; and it's found the perfect setting in the glorious surroundings of Eastbourne's Victorian Playhouse the Devonshire Park Theatre this autumn from 23rd – 27th November.**

Coronation Street legends Wendi Peters (Big! The Musical) and Bill Ward (Everybody's Talking About Jamie, Emmerdale) lead the cast in this thrilling new adaptation. Transforming the American Dream into the American nightmare, *The Legend of Sleepy Hollow* unleashes one of the most terrifying monsters from the horror canon – the Headless Horseman.

Tension is ramped up to the max in this nail-biting, heart-pounding adaptation of the classic horror. Audiences are sure to be perched on the edge of their seats until the final thrilling revelation. Adapted to

the stage by acclaimed playwright Philip Meeks (*Murder, Margaret and Me; Harpy*) and from producers Tilted Wig (*The Rivals, Great Expectations*).

The accomplished creative team have been pushed to the max with this new production as lighting and stage effects combine to recreate the horror of the headless horseman and the hollow as never before.

Producer Katherine Senior of Tilted Wig Productions said: "*The Legend of Sleepy Hollow* is set to be an epic piece of theatre, combining a stellar cast with a fantastic script and theatrical illusions that will blow your mind! It's incredibly exciting to be creating new work once again."

Washington Irving's *The Legend of Sleepy Hollow* at the Devonshire Park Theatre, Eastbourne from Tuesday 23rd – Saturday 27th November, nightly performances at 7.45pm and Wednesday and Saturday matinees at 2.30pm, tickets priced from £20 – £27.50, concessions available; to book see [eastbournetheatres.co.uk](http://eastbournetheatres.co.uk) or call **01323 412000**



# Festive fun at The Lighthouse Gallery

**A FESTIVE feast for the eyes awaits at *The Lighthouse Gallery* on Cornfield Terrace, where you'll find a treasure trove of beautiful artwork and stunning gifts galore.**

By **Caroline Repchuk**

**Just like Santa and his elves gathering gifts in his wintry workshop, our artists have been buried deep in workshops, studios, kitchen tables and garden sheds all over Eastbourne and beyond, beaver away to create beautiful handmade treasures and works of art for our gorgeous gallery.**

Not stuck on a cargo ship, or waiting for a truck to deliver them — here everything is handmade and hand-delivered to the shop by our 25 local artists and makers.

Come and discover stunning silver jewellery, fused glass, ceramics, turned wood, textiles, plants and paintings — find something for

everyone on your list, or just create a Christmas wish list of your own!

Serving up Christmas drinks and festive treats alongside a mouth-watering array of unique artwork, a warm welcome awaits!

Delighted to be part of the *Artists Open House Trail*, we are open Tuesday to Saturday, 10–5pm, and Sunday 5th and 12th December 12–4pm.

To find out more about our festive workshops and special events, follow us on *Facebook* or *Instagram*.

**Shop small, buy local, support local art and artists!**

**The Lighthouse Gallery  
19 Cornfield Terrace  
Eastbourne BN21 4NS**

**07748 354879**





# Artists Open Houses this Christmas

**IT'S been nearly two years since the artists and makers of Eastbourne opened their homes and studios to the public, and we're back!**

By **Julian Sutherland-Beatson**

**For those of you that have never visited an open house or studio, well, you're in for treat!**

Over the years the artists of Eastbourne have become very good at showing their work to interested visitors.

Perhaps you are seeking a painting, print, photograph or drawing for your home. Maybe you can't resist



Hats by Angela Elliott – Inside the cosy Christmas cottage in Warrior Square. Hats and photographs.

beautiful ceramics, jewellery and textiles? You'll find plenty to take your fancy along with cards and specific seasonal gift ideas.

Most open houses are open both weekends, typically from 11am–4pm but do check details in the brochure (available around the town) as some open earlier or stay open later.

It's always good to take cash with you but increasingly artists are accepting cards via *Sumup*, *Zettle* or similar devices.

As Covid is still with us please be respectful of any suggestions made at particular venues. As a general rule, masks should still be worn and social distancing observed in line with government guidance.

So, we hope you have a great time visiting the artists this Christmas.

May your days be merry and bright!

Brochure hotline: **07768 387980**

EASTBOURNE ARTISTS

CHRISTMAS ❄️

OPEN HOUSES  
& STUDIOS

DECEMBER 4/5TH AND 11/12TH



Over 40 artists and makers showing and selling their work from their homes and studios around the town and nearby areas over two weekends. Paintings, prints, photography, ceramics, jewellery and more. Brochures with maps available at many outlets around the town. Info 07768 387980

## Eastbourne Choral Society: pre-Christmas concert

**Eastbourne Choral Society is delighted to announce its return to live performance, with a concert on Saturday 20th November at 7.30pm in All Saints' Church, Grange Road.**

Under its Musical Director John Hancorn and with soloists, the choir will perform John Rutter's *Magnificat* and Part One of Handel's *Messiah*, accompanied by Nicholas Houghton.

First performed in 1990, Rutter's *Magnificat* blends the biblical canticle with elements including a 15th-century English poem, to lyrical effect. The theme of leading up to Christmas will continue with Handel's much-loved *Messiah*, for which Nicholas Houghton will play

All Saints' renowned 1929 Harrison & Harrison organ, providing a particularly fitting accompaniment to this inspiring and uplifting work.

The choir has a long association with All Saints', which has a reputation for excellent hygiene and careful maintenance. In the current circumstances, drinks will not be served during the interval. Socially distanced seating will be available.

Tickets, price £10, are available from the *Tourist Information Centre*, at [www.wegotickets.com](http://www.wegotickets.com), or on the door. Full details of the choir's programme of Christmas and other events can be found at: [www.eastbournechoralsociety.org.uk](http://www.eastbournechoralsociety.org.uk)







# Memories matter more than ever – create them with at dream panto

## **SLEEPING BEAUTY**

**Devonshire Park Theatre, Eastbourne**  
**10th December 2021 – 9th January 2022**

By **Sharon Thompson**

**The countdown is officially on for the return of Eastbourne's Devonshire Park pantomime, as *Sleeping Beauty* opens at the glorious playhouse on Friday 10th December where it will run over the Christmas period until Sunday 9th January 2022.**

*Sleeping Beauty* is the 20th pantomime from the *Eastbourne Theatres* team and audiences can expect a show packed with all the beloved panto elements, magic, mayhem, mad-cap merriment and more.

This spectacle of a show will be filled with more shenanigans than ever, plus of course all the stand-out spectacle that audiences have come to know and expect from Eastbourne's treasured panto including live band, stunning costumes, dazzling effects and even a fire-breathing dragon!

Cast includes returning favourites **Marytn Knight** as Dame Nellie and **Tucker** as Chester the Jester; this duo will be returning for their eighth time as the South's favourite comedy partnership. Martyn celebrates his 17th year as resident Dame this year. Another returning face is **Karen Mann** as Fairy,

Karen previously performed as the saxophone toting fairy in *Jack and the Beanstalk*.

New faces for Eastbourne panto include **Carli Norris** (*EastEnders*), **Nicholas Pound** (*CATS*, *Les Misérables*) **Rebecca Hoyle** as Princess Aurora and **Ashely Emerson** as Prince Valiant. RADA trained actress Carli Norris is better known for her long-running roles as Brenda Slater in *EastEnders*, Fran Rynolds in *Holby City* and Martha Kane in *Hollyoakes*. Seasoned West End actor Nicholas Pound, who also lives in Eastbourne! He has played

leading roles in *Les Misérables*, *The Rocky Horror Show*, *Chess*, *Evita* and has a long association with the role of Old Deuteronomy in Andrew Lloyd Webber's *Cats*.

With an extra year to work on creative elements this show is going to be a bumper spectacular and what could be a better way to enjoy your Christmas than being transported away to a world of pure fantasy. Regardless of age everyone in the audience will feel the magic, memories matter more than ever, so come and create them with this dream pantomime!

***Sleeping Beauty* at the Devonshire Park Theatre, Eastbourne from 10th December 2021 – 9th January 2022**

Tickets priced from £14.50 – £23.50. To book, call the box office on **01323 412000** or online [www.eastbournetheatres.co.uk](http://www.eastbournetheatres.co.uk)

Tickets come with a booking guarantee should your visit be affected by COVID. Refunds are offered, terms and conditions apply. See website for full details.



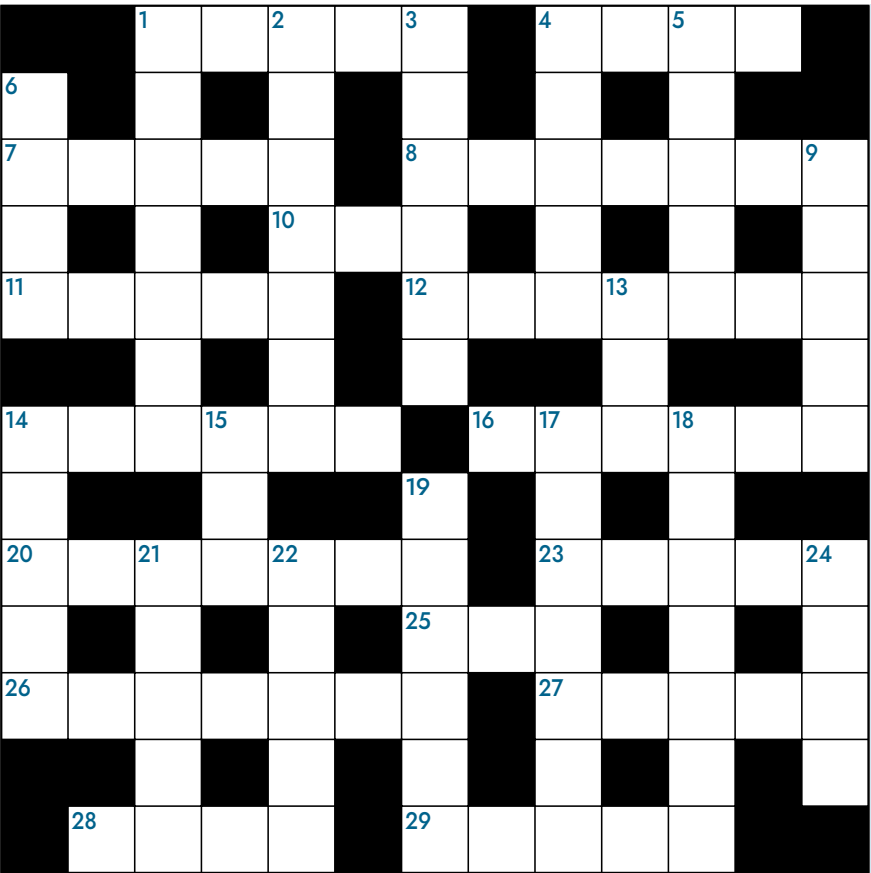
# It's just a bit of fun!

ALL the words are hidden vertically, horizontally or diagonally – in both directions. The letters that remain unused form a sentence from left to right.

By **Word Search** and **Cross Word**

T T E K S A B H E I S D E F A  
S N A C K S L S T W H T E R A  
S S O A S B N T A I E A O E G  
T O F M E S U O E N E E T N C  
R R O E C N E T H E T M O C A  
A E L M I L K S T S A P M H N  
W P D B P I B A S E I C A B O  
B P I E S M E E P A R D T R P  
E E N R C S A T V P L N O E E  
R P G T E O A R E E E G E A N  
R I C E C I U N G K R T S D E  
Y S H S S U M N D A N A I M R  
J C A E R A D C T W R A G T W  
A H I E N A U T O R I I L E E  
M H R E L R E C I O Y C N B S  
S L S A U S A G E O L A H E T  
I N S E C T S S O S F E I E S  
K R A P C O F F E E U N R R S

- APPETITE  
BASKET  
BEVERAGES  
BLANKET  
BUTTER  
CAMEMBERT  
CAN OPENER  
CHEESE  
COFFEE  
COOLER  
COUNTRY AIR
- DISH  
FOLDING CHAIRS  
FRENCH BREAD  
GLASSES  
HEAT  
INSECTS  
MARGARINE  
MEAT  
MILK  
PARK  
PEPPER
- SALAD  
SANDWICHES  
SAUCES  
SAUSAGE  
SHEET  
SNACKS  
SPICES  
STRAWBERRY JAM  
TOMATOES  
WINE



## ACROSS

1. Stringed instrument. 5
4. Hinged barrier. 4
7. Jessica\_\_\_\_\_Hill. 5
8. Received. 7
10. Blame. 3
11. Italian fountain. 5
12. Knarled. 7
14. Gobi or Sahara. 6
16. Larger. 6
20. Wine Bar in the Enterprise Centre. 7
23. Bob, Blowing in the Wind. 5
25. Snow Sport. 3
26. On the Periodic Table. 7
27. Stadium. 5
28. Matted wool. 4
29. Female reproductive organ. 5

## DOWN

1. Music shop moved to Faraday Close. 7
2. Worse than. 7
3. TV Show with Jason Bateman. 6
4. Lizard. 5
5. Tiny man, Tom \_\_\_\_\_. 5
6. Strip of leather. 4
9. Clothes horse. 5
13. Glitch. 3
14. Move to music. 5
15. Bookkeeping Company on page 24. 3
17. Archaeologist, \_\_\_\_\_ Jones. 7
18. Newart & Lighthouse? 7
19. \_\_\_\_\_ Pierre by the Wish Tower. 6
21. Not nephew. 5
22. Estate \_\_\_\_\_. 5
24. Close. 4

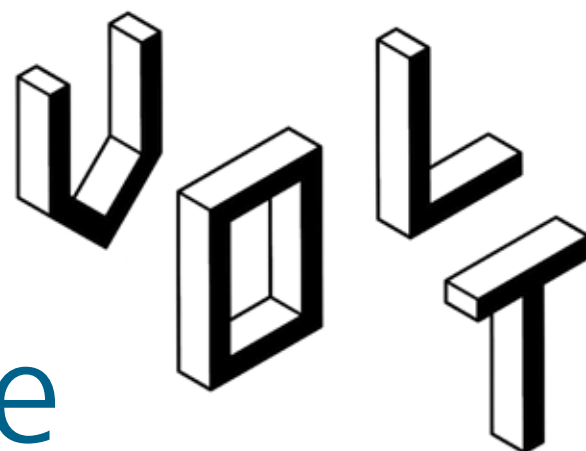
## September crossword solution:

ACROSS: 1. APRIL, 4. RICE, 7. OLIVE, 8. GODDAMN, 10. ASH, 11. TIARA, 12. THERESA, 14. GELATO, 16. IMAGES, 20. MAYBUGS, 23. LIBEL, 25. LOO, 26. DRACHMA, 27. TWEEL, 28. STAR, 29. DAVIS

DOWN: 1. ABIGAIL, 2. REENACT, 3. LIGHTS, 4. RIDGE , 5. CRANE, 13. RIA, 14. GAMED, 15. APT, 17. MOLOTOV, 18. GIBLETS, 19. ISLAND, 21. YEAST, 22. USHER, 24. LULU



# What's on at Devonshire Collective



**EXHIBITIONS and Events at VOLT** [www.devonshirecollective.com](http://www.devonshirecollective.com)



## **SIP 'N' DRAW at Bodega**

**Weekly at 7pm,  
starting 3rd November**

**Bodega Coffee Shop,  
Eastbourne**

**We are excited to partner with  
Bodega on a new six week  
life drawing course starting  
Wednesday 3rd November.**

Join DC Learn artist educators for a fun and friendly introduction to life drawing. We will lead you through various media and techniques with live models – relax, have a drink and learn new skills!

All materials provided and included in the cost. £48 for 6 weeks.

[www.devonshirecollective.com/dclearn](http://www.devonshirecollective.com/dclearn)



## **JONATHAN MURPHY – *Parterre***

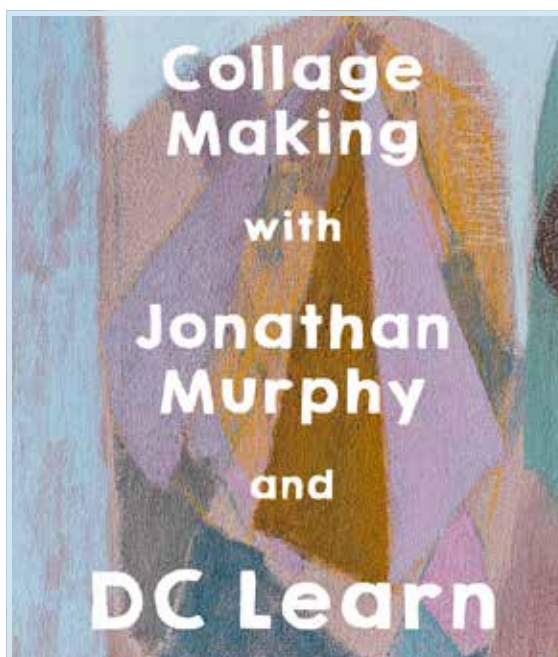
**28th October – 19th December**

**VOLT Gallery and Project Space**

**VOLT is excited to present an exhibition of new work by Hastings-based painter Jonathan Murphy.**

Inspired by plant life and outdoor spaces, Parterre sees the artist use making as a process of research to investigate how form, space and structure can open up new dialogues within a painting practice.

Parterre showcases two distinct bodies of work, the first being a mix of paintings on canvas, paper and ceramic tablets. These works have been created over many months with dozens of layers being painted and repainted on each canvas. The second body of work is a series of oil paintings on paper that feature minimal compositions with bold, dynamic marks of paint, pencil and collage. The works from each series represent Murphy's dynamic approach to mark making and formalism, embodying the endless possibilities of painting.



## **COLLAGE MAKING with Jonathan Murphy & DC Learn**

**Saturday 13th November, 12:00  
VOLT Gallery and Project Space**

**Join DC Learn and artist Jonathan Murphy for a free workshop that explores mark making and collage.**

All ages and abilities are invited to immerse themselves in Jonathan Murphy's work and discover their own approach to making and experimentation.

For more information please visit:  
[www.devonshirecollective.com/dclearn](http://www.devonshirecollective.com/dclearn)





# Green and pleasant

**NOVEMBER is here, the clocks have gone back, the leaves are falling and it's getting colder and wetter. As autumn turns to winter, the main jobs in the garden are mostly about protecting plants and structures from the wilder weather which will inevitably arrive. Move plants into the greenhouse, or into a sheltered spot, but if you can't, it is worth wrapping them. Remember winter can be a tough time for birds in terms of water and food, so keep supplies well topped up.**

By **Geoff Stonebanks**

**If you love a blast of colour with tulips in the spring, then now is the time to plant your bulbs in containers and borders to guarantee that amazing display. Remember to cover them with at least twice their depth of soil or compost! The effort put in now will pay dividends next year!**

## Autumn colour

There are many plants and shrubs that provide great autumn colour in the garden. One in particular at Driftwood at the moment is pictured in the header. It is a stunning coprosma, "Pacific Sunset". While it is an evergreen shrub, the colour deepens at this time of the year. It

has striking bronze leaves, splashed with cream, green and red and they look sensational in a border or large container. I've got 3 plants, 2 in a raised bed and one in a container which I've had for several years now. It prefers a sheltered spot, in moist but well-drained soil. I recently bought another variety called "Pacific Night" which is really frost tender. The coprosma is also called the looking glass plant!

A few other great autumn plants to have in the garden are beautiful asters which bring welcome late colour to gardens at this time of the year. Cotoneasters also provide a stunning display of beautiful berries in the autumn too and the birds love them as well. They grow in a herringbone pattern which make them great for training up a wall or over the ground.

## Preparing for the first frost

It is always difficult to get the timing right, ensuring everything is safe and sound in the garden prior to the first frosts every year! Prime tasks should be to lift and store dahlias, cannas and begonia tubers that are planted out in flower beds or containers. All the guides say lift after the first frost and store the tubers carefully. The experts say dahlia tubers must remain dry but not dry out completely. Place in a dry, frost-free environment, evenly spaced in a tray or box and fill with sawdust, spent dry compost or vermiculite. I've covered mine with cardboard or you can add an extra quilt if you live in a colder climate.

## Pansies

Last autumn I planted many pansies in the garden. Normally I would take them out as I planted my summer annuals. This year though, they were still performing so well, I left them throughout the summer amongst my displays! This time of the year is the perfect time to plant some. Pansies have the incredible ability to survive freezing winter temperatures and come out strong in the spring season. However, they can only be so resilient if they're planted at the proper time and in an ideal setting. Aim for a planting spot that will get about six hours of full sun each day. Pansies can grow in partial shade but will sprout best with ample sunlight. They should be well-watered right after planting to get them off to a good start. Take care to water the plant's soil and avoid wetting the flowers and leaves, which could attract disease. A layer of mulch added to the pansy plant bed will help prevent any cold weather damage come winter.

## November tasks

Here's a few suggestions on things to do in the garden this month providing the weather is in your favour! If, like me, you have potted chrysanthemums in the garden, keep them moist and do remember to deadhead them regularly in order to keep the flowers coming as long as possible. If growing cyclamen, remove leaves that are yellowing, along with the faded flowers, by pulling them from the corm. To prevent leaves from turning yellow it is best to keep them in a cool and bright place. Check on your potted plants that are kept for flowering over winter and ensure they have enough water. For dormant plants being overwintered in a frost-free place you will need to cut down on the watering.

I've already picked all my fruit growing in the garden but if you have yet to collect yours, now is the time to do it. Pick ripe apples and, depending on the variety, either eat or store in a cool, dry place for later in the year. I tend to peel and poach all mine, then freeze in containers for use throughout the winter months, in pies and crumbles. I've also got a conference pear tree, that has produced good fruit too and have done the same with them. I've found the crop of apples this year has been one of the best and the size of the fruit has been larger than usual as well.

Read more of Geoff's garden at: [www.driftwoodbysea.co.uk](http://www.driftwoodbysea.co.uk)

Geoff's garden, Driftwood has appeared on BBC2 Gardeners' World, was a finalist in Gardeners' World Magazine Best Small Space and a finalist in Lewes District Business Awards 2018 as 'The Tourist Destination of the Year'. Read the amazing 5-star reviews on TripAdvisor. Amazing feature in Coast Magazine and an American magazine, Flea Market Garden Style. Read all about Geoff's trips to Buckingham Palace and Royal Garden Party in 2018 and his work for the community.



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XMAS

November and  
December 2021

Your guide to shopping and entertainment this Christmas

# Bourne*festive*



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# Countdown to Christmas

## It's beginning to look a lot like Christmas...

Eastbourne's town centre will be alive with festive cheers throughout November and December, and there's plenty going on. Be sure to check out everything that's happening at [eastbournechristmas.co.uk](http://eastbournechristmas.co.uk)

## Here are the highlights

Get your Christmas skates on and head to the Ice Rink at Eastbourne's Enterprise Centre by the Railway Station. The shopping complex will transform into a family-friendly environment, with a fully covered real ice rink. If you can't skate – don't worry, why not hire one of our Booksy penguins to transform you into Jane Torvill.

Whilst visiting our rink, why not let the train take the strain and indulge in a glass of mulled wine, cocktail or craft beer from one of the traditional chalets and hospitality venues?

Stop off at the Christmas Market, in the town centre from Thursday 16th – Sunday 19th December for lots of stalls, live entertainment and fairground rides. Whether you need to find something for a loved one or just pick up some stocking fillers, there will be plenty of choice. Not to mention stalls selling delicious hot food and festive drinks, including mulled wine, which you can enjoy while soaking up the festive atmosphere.

To make sure you are in the festive spirit, all your favourite Christmas songs will be played on speakers throughout the town centre and Little Chelsea shopping area as Elf Radio returns during November and December.

Shops and businesses will be pulling out all the stops to turn Eastbourne into the best destination for festive fun as they take part in the Christmas Window Decoration Competition. Which one will get your winning vote?



The town centre, Enterprise Shopping Centre, Victoria Place, Bolton and Langney Road, Cornfield and Little Chelsea shopping areas will be lit up with festive illuminations funded by the European Regional Development Fund via the Welcome Back Fund.

The Victoria Place traders welcome you down to the Victoria Place Christmas market on the 11th and 12th December. Plenty of fun to be had including a Santa's grotto, festive stalls, live entertainment and Children's rides – all happening in Victoria Place (Seafront end of Terminus Road) 12pm – 6pm each day.

Bells and tills will be jingling a little later throughout December with late night shopping events.

**Note, please check the event website before attending.** Dates can change and events can get cancelled and organisers cannot be held responsible.

Christmas in Eastbourne is part funded by the European Regional Development Fund via the Welcome Back Fund.



# Win a gift voucher!

**Win £50 to spend in Eastbourne in 2022 by completing our quick competition form and returning it to the Ice Rink ticket office by The Enterprise Shopping Centre.**

**Competition deadline:** 25th December 2021

### Question:

Where is Eastbourne's Lightning Fibre Ice Rink this year?

Answer

Name

Postcode

Email

### Marketing preference

I'm happy to be contacted about future offers, events and promotions taking place in Eastbourne. Please note you can unsubscribe at any time. Details are used for our prize draw and will be added to our mailing list if you would like them to be. We will never pass your details to a third party.

☐ YES ☐ NO



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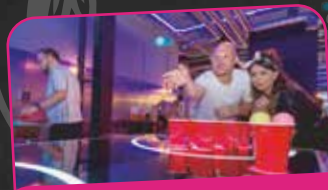
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this Christmas!**





# THE LANSDOWNE HOTEL

## Eastbourne's oldest-run family hotel

**The Lansdowne Hotel is Eastbourne's oldest family-owned and run hotel, now in its fourth generation and approaching 110 years.**

Located on the seafront in a prime location it offers 102 bedrooms, large lounges, restaurant, bar and several function rooms. During 2021 the reception, lounges and bar have been refurbished and provide a lovely location for residents and non-residents alike to catch-up with friends, enjoy afternoon tea or dine at the hotel.

### The festive season

Whether you are organising your company's party or looking to enjoy a night out with a group of friends, our festive parties are an evening to remember! Start the evening by greeting your guests in one of our lounges or bar for a pre-dinner drink. Enjoy a sumptuous four course meal with coffee, then you and your guests are invited to celebrate

and dance the night away until midnight with our resident DJ or band.

Other highlights during December, with prices per person, include:

- **Festive afternoon tea**; enjoy full afternoon tea with a festive twist. Served daily – £19.95.
- **Festive lunches** with traditional Christmas lunch and seasonal dishes. Served daily – £24.95.
- **Christmas Day four-course lunch** with drinks reception. 25th December – £86.
- **New Year's Eve Extravaganza** with drinks reception, four-course dinner and entertainment until 1am. 31st December – £86.

### Weddings and events

The Lansdowne has several function and meeting rooms that are available for weddings, private functions, meeting and events. The *Martello* and *Lawns* rooms

provide a large, elegant space, being ideal for a wedding ceremony, wedding breakfast and evening reception. They are decorated in neutral tones with large bay windows looking towards the sea, ornate ceilings and decorative lighting.

### Online gift vouchers

We offer online gift vouchers that enable purchases via our website and an instant electronic voucher being sent to the purchaser or recipient. Vouchers can be sent to the recipient on the day of your choice, for example Christmas Day or a birthday. We have a wide selection of vouchers that start from only £10 and include monetary vouchers, afternoon tea and overnight breaks. Vouchers are valid for 12 months from the date of purchase and can be redeemed at the recipient's leisure. A personalised message can also be included on the voucher. The hardest decision will be which one to select!

**Lansdowne Hotel**  
4–13 Lansdowne Terrace  
King Edward's Parade  
Eastbourne BN21 4EE

[www.bw-lansdownehotel.co.uk](http://www.bw-lansdownehotel.co.uk)  
**01323 725174**  
[events@lansdowne-hotel.co.uk](mailto:events@lansdowne-hotel.co.uk)  
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# MAYBUGS



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Eastbourne & Hailsham





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*Make Someone Feel  
Fabulous This  
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\*£50 spend must be in one transaction, full price products only, not in conjunction with any other offer, applies only in-store and cannot be used online, one voucher per customer.

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# Lights of Love

Remembering **together** with St Wilfrid's

The annual Lights of Love events are taking place at St Wilfrid's Hospice in December. The tree in the hospice garden will be decorated with stars dedicated to loved ones. Would you like to remember someone? You can make a donation and a dedication at [stwhospice.org/lightsoflove](http://stwhospice.org/lightsoflove). The donations you make will help us to continue supporting local patients and their families.



We will then be remembering those people at two Lights of Love events around the tree in December. We hope you can join us at one of them.

**Saturday 11<sup>th</sup> December at 5pm**  
**Sunday 12<sup>th</sup> December at 5pm**

We will enjoy a traditional mix of readings and music outside in the hospice garden. Places are free, but limited, so please book at [stwhospice.org/lightsoflove](http://stwhospice.org/lightsoflove)

Thank you for your continued support.

Kindly sponsored by

**Gaby Hardwicke**  
SOLICITORS

01323 434221 | [stwhospice.org/lightsoflove](http://stwhospice.org/lightsoflove)

**Support the hospice this Christmas** *There are so many ways you can support our work*



## Christmas wrapping in the Beacon Centre

Take some of the stress out of your Christmas shopping and get your presents wrapped by the St Wilfrid's team. We will be in the Beacon Centre on the 18<sup>th</sup>, 23<sup>rd</sup> and 24<sup>th</sup> December making your gifts look gorgeous in return for a donation. Go to [stwhospice.org/Christmas](http://stwhospice.org/Christmas) for more details.

- Are you a dab hand at wrapping? We need lots of volunteers, just contact Simon on **01323 434230**.



## Christmas shopping?

Christmas cards and diaries are now available at the hospice and in all St Wilfrid's shops. Visit [stwhospice.org/retail](http://stwhospice.org/retail) for a full list of shops.

Looking for a special gift or collectable item? Visit our Ebay and Etsy shops at [stwhospice.org/ecommerce](http://stwhospice.org/ecommerce).

**Etsy** **ebay**

Shop online with big name retailers and a proportion of the proceeds will go to St Wilfrid's. Go to [stwhospice.org/amazonmile](http://stwhospice.org/amazonmile) and [stwhospice.org/easyfundraising](http://stwhospice.org/easyfundraising) to find out more.



## Christmas Jumper Day

Christmas Jumper Day this year is on Friday 10<sup>th</sup> December, so put on your most stylish – or funniest – festive knit, donate at [stwhospice.org/christmasjumperday](http://stwhospice.org/christmasjumperday) or set up a JustGiving page. Then tag us **#stwilfrids** in your selfies.



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# MAGICAL CHRISTMAS

Be part of the *strictly* magical panto adventure in Hastings this Christmas.

**Former *Strictly Come Dancing* pro Brendan Cole leads the cast of this year's *White Rock Theatre* pantomime adventure as the daring and dashing *Robin Hood*.**

By his side is **Will Scarlet** played by Hastings-favourite panto comic, **Ben Watson**. Brendan and Ben will be joined on stage this Christmas by leading lady **Frances Dee** in the role of **Maid Marion**.

*Robin Hood* will be packed with laugh-out-loud comedy, beautiful costumes, stunning special effects, electric dance routines, and glittering sets. Robin must watch out for the evil Sheriff of Nottingham (**Richard J Hunt**) who will surely try to thwart every plan of Robin and his band of Merry Men. Our heroic outlaw will need courage and all his wits, but will he win the hand of the beautiful Maid Marion?

## Festive magic

This story of epic adventure promises to be packed full of the festive magic that the audiences in Hastings have come to expect. Presented by the same creative team that delivered family treats *Aladdin* and *Jack & the Beanstalk*.

Brendan Cole appeared on every season of *Strictly Come Dancing* since it began in 2004 up until 2017. His charismatic performances, stunning choreography, and audacious exchanges with the *Strictly* judges were compelling.

Ben Watson is well-known to Hastings panto audiences, having first appeared in the East Sussex pantomime in 2012. Alongside his pantomime appearances, Ben also directs the White Rock Youth Theatre's annual summer project.

Frances Dee is no stranger to the stage and big panto roles, having previously played Beauty in Chelmsford's *Sleeping Beauty*, and cast in London and national tours of *Bring It On: The Musical* and the current production of *Anything Goes* at London's Barbican.

The show is produced by Daryl Back in partnership with HQ Theatres. Daryl said: "We're absolutely delighted that the very talented Brendan Cole will be playing *Robin Hood*. Brendan is a huge personality and I know will bring a lot of comedy to the production. And we simply couldn't return after a year away from the stage without the amazing Ben Watson, who is so loved by our audiences in Hastings."

"Frances is amazing. She is one of the best principals I've ever worked with — she's feisty, charismatic, and a fabulous performer."

## Thrill of live theatre

*White Rock Theatre* Venue Director, Gavin Shuman, said: "Having had the past Christmas season with no Hastings pantomime magic, we and our audiences are raring to experience the thrill of live family theatre that only pantomime delivers. To have our production of *Robin Hood* in the very talented and experienced hands of our sensational cast, alongside the fantastic creative team, we know that pantomime 2021 is going to be a strictly exceptional experience!"

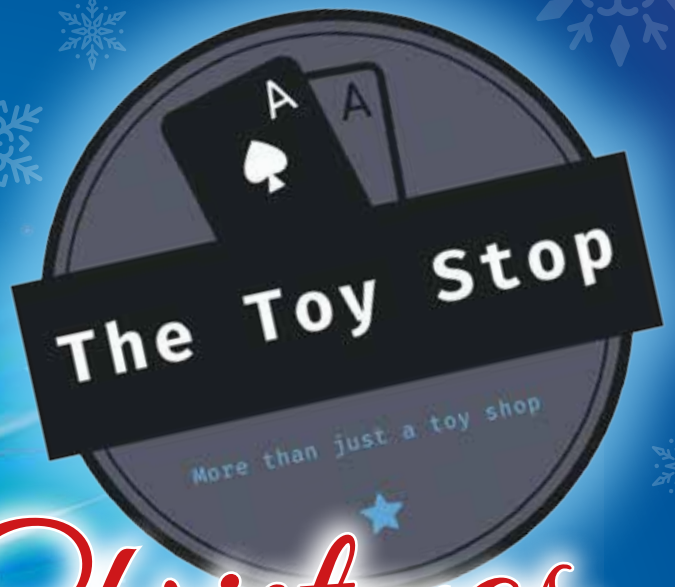
*Robin Hood* runs at the *White Rock Theatre* from Wed 15th Dec 2021 to Fri 31 Dec 2021 with individual tickets available from £21 and a money-saving family ticket for 4 people from £68.

Book tickets for the sheriff-busting extravaganza via the website at: [www.whiterocktheatre.org.uk](http://www.whiterocktheatre.org.uk)

Bf







# Shop for Christmas

at The Toy Stop in Langney Shopping Centre

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# YEH! MEADS MAGIC IS BACK!!!

**The much loved Meads Magic festive event is back and date is  
Friday 3rd December from 12.00 noon to 8.00pm.**

**Meads Street Eastbourne will be closed to traffic and lined with stalls selling locally made art and crafts, beautiful cards, delicious local produce, and perfect Christmas presents.**

## **Earlier start**

There will be live music, fun fare rides, mulled wine, French crepes, choirs singing and much more. This year will see this wonderful event with an earlier start means that you can grab some lunch either at one of the Meads Street wonderful cafes and restaurants or from the specially selected street food traders

and stalls and then stroll around looking at everything on offer. Or perhaps have a pub lunch at either *The Ship* or *The Pilot*.

## **Santa's Grotto**

We are also delighted to announce that Tara Smith and her team at *Eats & Treats* will be hosting Santa's Grotto this year, and will open at 3.00pm especially for pre-school children with Mrs Christmas and the Christmas Cook handing out cookies and presents. During the afternoon children from the schools of Meads will be singing carols for us and then at around 4.15pm there will be a parade bringing Santa himself to the Grotto.

## **Sponsors**

We would like to thank this year's sponsors without whom the event would not take place and they are: *Hart Reade Solicitors, Lighting Fibre, Clinic 33, Bede's School, St Andrews Prep, Carrot Events, St John's Church* and the *Meads Community Association*. So do come and join us on 3rd December for a wonderful start to this year's festive season, *Meads Magic* is one event not to be missed.

If you wish to be one of *Meads Magic* fabulous traders then please email us at: [fs@carrotevents.co.uk](mailto:fs@carrotevents.co.uk) or call **01323 405755**.

A festive poster for the Meads Magic event. The background is a light blue-green with white and gold Christmas decorations including a wreath, a star, a gift box, pinecones, and snowflakes. The text is centered and reads: "3RD December 2021" in a gold script font, followed by "MEADS MAGIC" in large, bold, white capital letters. Below this, it says "Meads Street Eastbourne. 12:00 to 20:00" and "www.meadsmagic.org". At the bottom, there are logos for the sponsors: Carrot events, Lightning Fibre, St Andrew's Prep Eastbourne, Meads Community Association, St John's, Clinic 33, Hart Reade Solicitors, and Bede's.

**3RD December 2021**

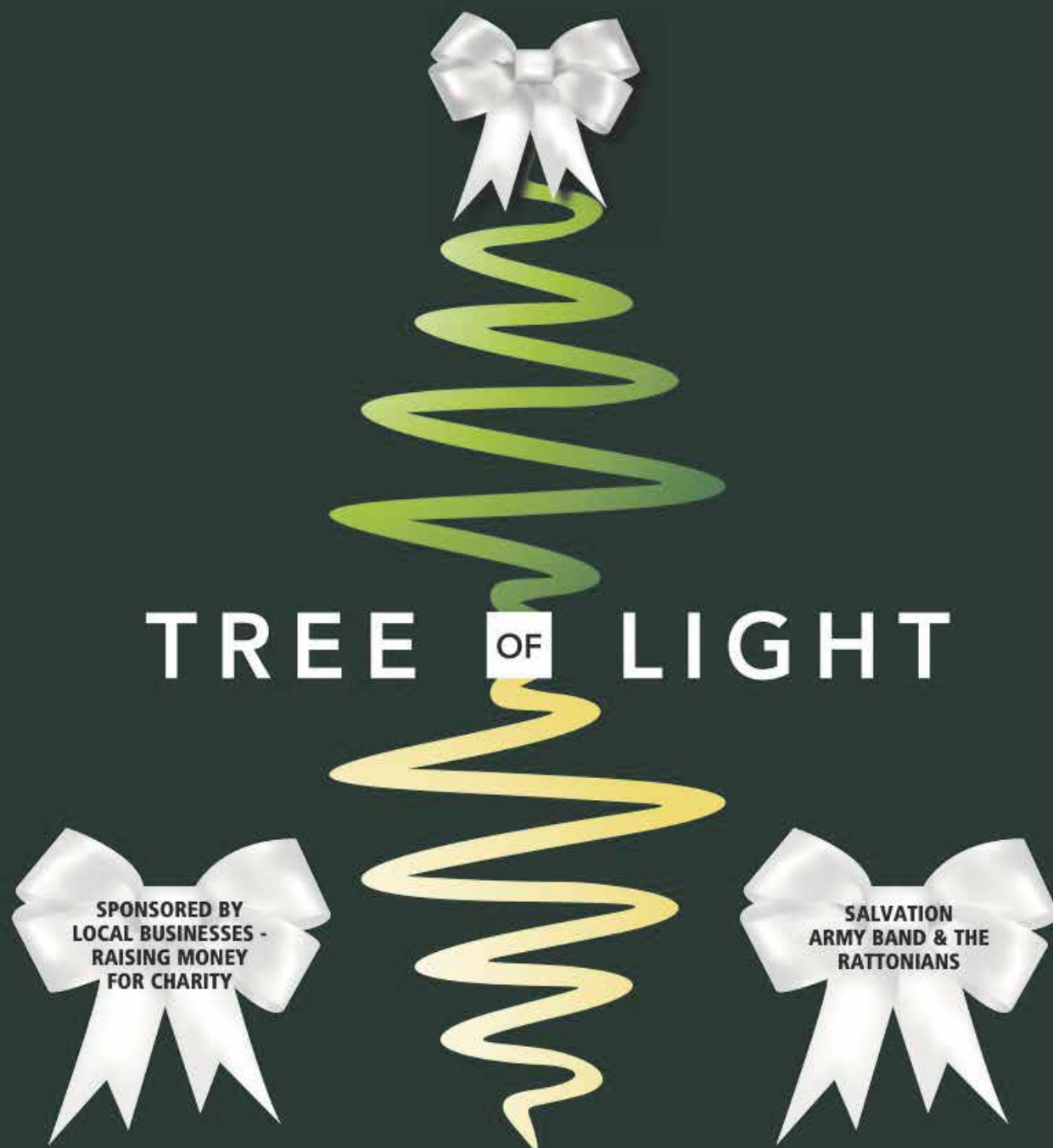
# MEADS MAGIC

**Meads Street Eastbourne. 12:00 to 20:00**  
[www.meadsmagic.org](http://www.meadsmagic.org)

**CARROT** events  
**Lightning Fibre**  
St Andrew's Prep EASTBOURNE  
MEADS COMMUNITY ASSOCIATION  
ST JOHN'S  
CLINIC 33  
HART READE Solicitors  
BEDE'S



COME AND TIE A WHITE RIBBON ON THE TREE



*Lighting a tree in memory of loved ones at Christmas*

DEDICATION TAKES PLACE ON

**Sunday 5th December 2021**  
**Congress Theatre - 4.00pm**



Organised by The Rotary  
Clubs of Eastbourne



# LOOK WHO'S BACK!

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**Martyn Knight**

as Dame Nellie

**Nicholas Pound**

as King Clarence

**Rebecca Hoyle**

as Beauty

**Carli Norris**

as Carabosse



Tickets  
from  
**£14.50**

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